

**ROGERS  
FOOTBALL  
CATALOG**

**ROGERS**





# CHAMPIONS START HERE

Since 1968, football coaches have trained youth, high school, college, and professional champions by making Rogers Athletic football training sleds and dummies an important part of their practices. Football practice drills on Rogers' equipment help coaches teach player fundamentals, while protecting their athletes by limiting the amount of live contact. Our blocking and tackling sleds, offensive and defensive linemen chutes, and football dummies give your players the confidence to practice with game-day aggressiveness. From goal posts to chain crew sets, we supply all your football field equipment to give your stadium a professional look. Rogers' youth football training equipment — including youth sleds, youth dummies, and youth chutes — safely teaches new players the fundamentals of football.

Limited warranties for training and field equipment help protect your investment. Please visit [www.RogersAthletic.com/warranty](http://www.RogersAthletic.com/warranty) for details.

## STRENGTH

### STRENGTH

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# TEK Sled™

*Control the Action*



**“At North Allegheny High School, we pride ourselves on our technique and physical play on both sides of the line of scrimmage. The Rogers Tek Sled has been a great tool for us to refine these techniques. This sled is the most versatile and realistic sled on the market!”**

— Art Walker Jr. – Head Football Coach  
North Allegheny High School – Pennsylvania



## FEATURES

- ★ Side-to-side movement more accurately simulates the realism of facing a live opponent.
- ★ Coil over shock gives realistic resistance for both the initial impact and continued drive.
- ★ Drill Cartridge™ allows flexibility in a variety of drills.

For more sizes, specs, accessories, and product information go to [www.RogersAthletic.com](http://www.RogersAthletic.com).



Create more realistic training scenarios with the Tek Sled's controlled, 3-dimensional movement.

### CONTROLLED 3-DIMENSIONAL MOVEMENT

#### DEFENSE

- ★ Train violent separation with resistance.
- ★ Rip and swim with the feel of a blocker moving with you.

#### OFFENSE

- ★ Drive and feel the unstable life-like defender moving on you.
- ★ Use as a 2-man to train zone blocking and transfer double-teams.
- ★ Use to simulate release for a blitzing linebacker.
- ★ Shuffle side-to-side to simulate feet and hip repositioning with resistance-pass blocking.



# TEK Sled™ *Control the Action*



## PAD HAND POCKETS

The Tek Hands Pad pockets promote tight hands inside during drills.

- ★ One-piece molded urethane foam core reinforced by a nylon-mesh.
- ★ Strong inner steel frame doesn't twist and maximizes stability.
- ★ Tough 18 ounce vinyl-coated nylon cover with defined target areas.



## RECOIL MECHANISM

- ★ Life-like feel provides softer initial movement with increased resistance as you progress into the pad.
- ★ Hydraulic shock and spring dampens pad movement



## EXCLUSIVE DRILL CARTRIDGE SYSTEM™

The quick-change cartridge allows you to train an unlimited amount of drills – it's like having multiple sleds with one purchase.

## Additional Features

### TURNED-UP FLAT RUNNERS

Safe for grass and artificial turf.

### PIN ATTACHMENT

- ★ Pad is attached with a single pin.
- ★ Pad won't rise or twist when hit.

### LINK SYSTEM

- ★ Connection links allow players to run through the sled for second level attacking.
- ★ Six foot wide splits allow more realistic lateral movement.
- ★ Purchase a smaller sled now and add additional drill stations later.
- ★ Vary drill routines by converting a 7-man into a 5-man and 2-man sled.



**0% FINANCING ON SOME OF OUR MOST POPULAR EQUIPMENT\***  
CALL FOR MORE INFO.

\*Minimum order value required for multi-year plans.

## Accessories

### TEK Hands Pad



- ★ All Tek sleds come with Tek Hands Pads.
- ★ Has a narrow torso to allow player inside control
- ★ Low aiming points force players to stay low using proper technique

Replacement Pad #410732 **\$320**

Patent #D679769

- RED
- BLUE
- BLACK

### Coach's Platform

The optional Coach's Platform allows you to watch the drive and technique of each player as he drills on the Tek Sled. It also adds weight to increase players' leg drive.

#411309 58lbs. **\$280**

Patent #D679769



### Outdoor Ground Mount



Practice the basic fundamentals for both offense and defense. Rotates 90° for even turf wear. Requires concrete to secure the base in the ground. Includes ground-sleeve cover for off-season storage.

#411418 175lbs. **\$2280**

Patents #8535181, #8568255 and an additional patent pending

## Packages



### 7-MAN Tek Sled™

#411417 2260lbs. 39.5'w **\$10,195**  
or three annual payments of \$3858



### 6-MAN Tek Sled™

#411416 1925lbs. 33'w **\$9175**  
or three annual payments of \$3472



### 5-MAN Tek Sled™

#411415 1590lbs. 26.5'w **\$7910**  
or two annual payments of \$3955



### 4-MAN Tek Sled™

#411414 1255lbs. 20'w **\$6360**  
or two annual payments of \$3180



### 3-MAN Tek Sled™

#411413 920lbs. 13.5'w **\$4820**  
or two annual payments of \$2410



### 2-MAN Tek Sled™

#411412 585lbs. 7'w **\$3290**  
or two annual payments of \$1645



### 1-MAN Tek Sled™

#411411 360lbs. 4'w **\$2300**  
or two annual payments of \$1150



# LEV Sled™

*Own the Trenches*



**“Engage with a flat back and your hands inside. Break the stalemate. Arch the back, lift and extend while maintaining a base, balance and leg drive. These are the fundamentals of the drive block which the Lev Sled teaches. It is without question the best teaching aid for blocking that I have ever used.”**

— Paul Alexander – Offensive Line Coach  
Cincinnati Bengals



## FEATURES

- ★ Train players to reverse the opponent's momentum prior to rolling the hips and securing control with leverage.
- ★ From a good football position, hit the pad and overcome its resistance. Only after the pad is driven at least five inches will the Lev Head release, allowing the player to roll the hips and lift the pad, finishing off the opponent.
- ★ Great sled for BOTH offensive and defensive drills.
- ★ Heavy weight sled – eliminates the need to add additional weight.

For more sizes, specs, accessories, and product information go to [www.RogersAthletic.com](http://www.RogersAthletic.com).

## HIT → DRIVE → LEVERAGE



### REVERSING THE MOMENTUM

- ★ Drill both leverage blocking and drive blocking during the same practice with one sled.
- ★ To practice base and drive blocking, simply engage the lock to prevent the lifting action.



# LEV Sled™ *Own the Trenches*



## QUALITY PADS

- ★ One-piece molded urethane foam core reinforced by a nylon-mesh.
- ★ Strong inner steel frame doesn't twist and maximizes stability.
- ★ Tough 18 ounce vinyl-coated nylon cover with defined target areas.



## LINK SYSTEM

- ★ The sled Link System is modular – allowing you to vary stations and drills.
- ★ Vary drill routines by converting a 7-man into a 5-man and 2-man sled.
- ★ Purchase a smaller sled now and add additional drill stations later.
- ★ Low profile link allows players to safely run a variety of drills between the pads.

## PIN ATTACHMENT

- ★ Pad is attached with a single pin.
- ★ Pad will not rise or twist when hit.
- ★ Easily change pads for different drills.

## EXCLUSIVE LEV ACTION

- ★ Patented release mechanism.
- ★ Develops proper drive technique by releasing only after five inches of compression.

## LOCKING LEV HEAD

- ★ Lev head assembly easily locks in down position.
- ★ Convert sled for drive blocking drills.

## NYLON LINER

- ★ Extends the life of the sled.
- ★ Reduces metal-on-metal wear.



Patent #5462272

## Accessories

### Pivoting Pad Adapter



Allowing the sled pad to freely move to the left or right, the Pivoting Pad Adapter trains blockers to maintain surface contact. The adapter brings a new level of realism to drilling the difficult skill of sustaining a block. Fits existing Lev and Mod Sleds.

#410379 11lbs. **\$130** each  
**SAVE** Three or more \$120 each

### Lev Sled Wheel Kit



Easily roll your sled to different practice locations or for storage. Wheels are foam-filled and will never go flat. Use two kits for a 2 or 3-man sled, three kits for 4-man, four kits for 5-man, five kits for 6-man, six kits for 7-man. Wheels are 8" diameter.

#410641 170lbs. **\$395** each

### Stainless Steel Skins



For added protection on synthetic turf field, add stainless steel skins to your existing Rogers Lev Sleds.

#410623 25lbs. **\$300** each

### Lev Sled Outriggers



Easily convert any Lev Unit into a 1-man sled with these optional Outriggers.

#402729 110lbs. **\$495**



**0% FINANCING ON SOME OF OUR MOST POPULAR EQUIPMENT\***  
CALL FOR MORE INFO.

\*Minimum order value required for multi-year plans.

**Options**

**LEV Sled™ Pad Selection**

- ★ Specify pad style that simulates your favorite drills.
- ★ Standard colors shown. Other colors available upon request. Call for availability and additional pricing.
- ★ Purchase additional models and increase your drill options using the same sled.
- ★ All new sleds come with a pad of your choice.

**Shock**

HEIGHT **39"** ★ WIDTH **21"** ★ DEPTH **9"**



- YELLOW
- ORANGE
- RED
- PURPLE
- BLUE
- GREEN
- NAVY
- BLACK

- ★ Has a narrow torso
- ★ Shape helps teach the D-line to "Shock" O-linemen with a punch with the heel of their hands then practice accelerating to the ball carrier

Replacement Pad #410431 **\$320**

**Surge**

HEIGHT **38"** ★ WIDTH **32"** ★ DEPTH **10"**



- YELLOW
- ORANGE
- RED
- PURPLE
- BLUE
- GREEN
- NAVY
- BLACK

- ★ Width is the same as common shoulder pads.
- ★ Torso shape features target points that linemen need to be successful at attack
- ★ Great for hand blocking, down blocking and for shoulder/forearm techniques

Replacement Pad #410292 **\$320**

**Coach's Platform**



The optional Coach's Platform allows you to watch the drive and technique of each player as he drills on the Lev Sled. It also adds weight to increase players' leg drive.

#411309 58lbs. **\$280**

**Outdoor Ground Mount**



Practice the basic fundamentals for both offense and defense, including the Lev Sled's unique explosion and hip roll progression. Rotates 90° for even turf wear. Requires concrete to secure the base in the ground. Includes ground-sleeve cover for off-season storage. Your choice of Shock™ or Surge™ pad.

**Packages**



**7-MAN Lev Sled™**

#411407 1801lbs. 27.5'w **\$7300**  
or three annual payments of \$2762

**Wheel Kit (6)** Add \$2349

**Pivoting Pad Adapter (7)** Add \$790

**Stainless Steel Skins (7)** Add \$2072



**6-MAN Lev Sled™**

#411406 1537lbs. 23'w **\$6310**  
or three annual payments of \$2388

**Wheel Kit (5)** Add \$1965

**Pivoting Pad Adapter (6)** Add \$680

**Stainless Steel Skins (6)** Add \$1776



**5-MAN Lev Sled™**

#411405 1276lbs. 18.5'w **\$5320**  
or two annual payments of \$2660

**Wheel Kit (4)** Add \$1565

**Pivoting Pad Adapter (5)** Add \$565

**Stainless Steel Skins (5)** Add \$1480



**4-MAN Lev Sled™**

#411404 1009lbs. 14'w **\$4325**  
or two annual payments of \$2163

**Wheel Kit (3)** Add \$1179

**Pivoting Pad Adapter (4)** Add \$455

**Stainless Steel Skins (4)** Add \$1185



**3-MAN Lev Sled™**

#411403 745lbs. 9.5'w **\$3330**  
or two annual payments of \$1665

**Wheel Kit (2)** Add \$790

**Pivoting Pad Adapter (3)** Add \$340

**Stainless Steel Skins (3)** Add \$888



**2-MAN Lev Sled™**

#411402 487lbs. 5'w **\$2350**  
or two annual payments of \$1175

**Wheel Kit (2)** Add \$790

**Pivoting Pad Adapter (2)** Add \$250

**Stainless Steel Skins (2)** Add \$595



**1-MAN Lev Sled™**

#411401 324lbs. 4'w **\$1525**  
or two annual payments of \$763

**Pivoting Pad Adapter (1)** Add \$130

**Stainless Steel Skins (1)** Add \$300



**Lev Sled™ Add-On Unit**

#410615 270lbs. **\$1280**

Includes complete Lev runner, connection link and choice of pad.

# MOD Sled™

*Football's Favorite Training Tool*



**"The 7-Man Mod Sled helped sharpen our unit timing so our offensive-line play is more explosive."**

— Scott Pollack – Head Football Coach  
Mogadore High School – Ohio

### FEATURES

- ★ For the offensive line, the Mod Sled™ is ideal for drive and zone blocking.
- ★ Run drills to improve pass protection and combination blocks.
- ★ On defense, practice the correct stance and skills to physically play the blocker.
- ★ Run through the sled for pass-rush and swim moves.

For more sizes, specs, accessories, and product information go to [www.RogersAthletic.com](http://www.RogersAthletic.com).



# MOD Sled™ *Football's Favorite Training Tool*



## QUALITY PADS

- ★ One-piece molded urethane foam core reinforced by a nylon-mesh.
- ★ Strong inner steel frame doesn't twist and maximizes stability.
- ★ Tough 18 ounce vinyl-coated nylon cover with defined target areas.

## PIN ATTACHMENT

- ★ Pad is attached with a single pin.
- ★ Pad won't rise or twist when hit.
- ★ Change pads for different drills.

## BAKED-ON FINISH

Baked-on powder-coated finish extends the life of your sled.

## SECURE END CAPS

End caps are welded on, not riveted, so they can't pop off. This prevents water from entering and rusting your sled from the inside out.

## LINK SYSTEM

- ★ Connection links allow players to run through the sled for a variety of drills.
- ★ Purchase a smaller sled now and add additional drill stations later.
- ★ Vary drill routines by converting a 7-man into a 5-man and 2-man sled.

## NYLON LINER

Engineered to extend the life of the sled, the nylon liner reduces metal-on-metal wear.

## ENCASED ACTION

Coil spring mechanism is fully encased in metal for safety.

## FLAT RUNNERS

Safe for grass and artificial turf.

## Accessories

### Pivoting Pad Adapter



Allowing the sled pad to freely move to the left or right, the Pivoting Pad Adapter trains blockers to maintain surface contact. The adapter brings a new level of realism to drilling the difficult skill of sustaining a block. Fits existing Lev and Mod Sleds.

#410379 11lbs. **\$130** each  
**SAVE** Three or more \$120 each

### Mod Sled Wheel Kit



Easily roll your sled to different practice locations or for storage. Wheels are foam-filled and will never go flat. Use two kits for a 2 or 3-man sled, three kits for 4-man, four kits for 5-man, five kits for 6-man, six kits for 7-man. Wheels are 8" diameter.

#410641 170lbs. **\$395** each

### Stainless Steel Skins



For added protection on synthetic turf field, add stainless steel skins to your existing Rogers Mod Sleds.

#410624 25lbs. **\$300** each

### Mod Sled Outriggers



Easily convert any Mod Unit into a 1-man sled with these optional Outriggers.

#402729 110lbs. **\$495**



**0% FINANCING ON SOME OF OUR MOST POPULAR EQUIPMENT\***  
CALL FOR MORE INFO.

\*Minimum order value required for multi-year plans.

Options

**Mod Sled™ Pad Selection**

- ★ Specify pad style that simulates your favorite drills.
- ★ Standard colors shown. Other colors available upon request. Call for availability and additional pricing.

**Big Bruiser**

HEIGHT **39"** \* WIDTH **21"** \* DEPTH **9"**



- YELLOW
- ORANGE
- RED
- PURPLE
- BLUE
- GREEN
- NAVY
- BLACK

- ★ High School Coach favorite
- ★ Tapered style for all blocks, lock-out, base-block, shoulder, and cut-block
- ★ Can be inverted on Mod Sled for defensive drills

Replacement Pad #410077 **\$320**

**Shock**

HEIGHT **39"** \* WIDTH **21"** \* DEPTH **9"**



- YELLOW
- ORANGE
- RED
- PURPLE
- BLUE
- GREEN
- NAVY
- BLACK

- ★ Has a narrow torso
- ★ Shape helps teach the D-line to "Shock" O-linemen with a punch with the heel of their hands then practice accelerating to the ball carrier

Replacement Pad #410431 **\$320**

**Surge**

HEIGHT **38"** \* WIDTH **32"** \* DEPTH **10"**



- YELLOW
- ORANGE
- RED
- PURPLE
- BLUE
- GREEN
- NAVY
- BLACK

- ★ Width is the same as common shoulder pads
- ★ Torso shape features target points that linemen need to be successful at attack
- ★ Great for hand blocking, down blocking, and for shoulder/forearm techniques

Replacement Pad #410292 **\$320**

**A-Pad**

HEIGHT **39"** \* WIDTH **21"** \* DEPTH **9"**



- YELLOW
- ORANGE
- RED
- PURPLE
- BLUE
- GREEN

- ★ Preferred by college and pro coaches
- ★ Large surface with a pocket built into the center of the pad
- ★ Work on bull rush, base, or man blocking
- ★ Pad can be inverted for defensive drills

Replacement Pad #410081 **\$320**

**T-Pad**

HEIGHT **38"** \* WIDTH **32"** \* DEPTH **10"**



- YELLOW
- ORANGE
- RED
- PURPLE
- BLUE
- GREEN

- ★ Basic "fundamentals" pad
- ★ Arch design teaches staying low
- ★ Work on shoulder/forearm lift and keeping hands inside
- ★ Can be inverted for working on tackling technique

Replacement Pad #410078 **\$320**

**Coach's Platform**



The optional Coach's Platform allows you to watch the drive and technique of each player as he drills on the Mod Sled. It also adds weight to increase players leg drive.

#411309 58lbs. **\$285**

Packages



**7-MAN Mod Sled™**

#411307 1801lbs. 27.5'w **\$5880**  
or three annual payments of \$2225

Wheel Kit (6) Add \$2349

Pivoting Pad Adapter (7) Add \$790

Stainless Steel Skins (7) Add \$2072



**6-MAN Mod Sled™**

#411306 1537lbs. 23'w **\$5085**  
or three annual payments of \$1924

Wheel Kit (5) Add \$1965

Pivoting Pad Adapter (6) Add \$680

Stainless Steel Skins (6) Add \$1776



**5-MAN Mod Sled™**

#411305 1276lbs. 18.5'w **\$4300**  
or two annual payments of \$2150

Wheel Kit (4) Add \$1565

Pivoting Pad Adapter (5) Add \$565

Stainless Steel Skins (5) Add \$1480



**4-MAN Mod Sled™**

#411304 1009lbs. 14'w **\$3505**  
or two annual payments of \$1753

Wheel Kit (3) Add \$1179

Pivoting Pad Adapter (4) Add \$455

Stainless Steel Skins (4) Add \$1185



**3-MAN Mod Sled™**

#411303 745lbs. 9.5'w **\$2710**  
or two annual payments of \$1355

Wheel Kit (2) Add \$780

Pivoting Pad Adapter (3) Add \$345

Stainless Steel Skins (3) Add \$888



**2-MAN Mod Sled™**

#411302 487lbs. 5'w **\$1915**  
or two annual payments of \$958

Wheel Kit (2) Add \$780

Pivoting Pad Adapter (2) Add \$250

Stainless Steel Skins (2) Add \$595



**1-MAN Mod Sled™**

#411301 324lbs. 4'w **\$1110**  
or two annual payments of \$555

Pivoting Pad Adapter (1) Add \$130

Stainless Steel Skins (1) Add \$300



**Mod Sled™ Add-On Unit**

#410614 260lbs. **\$1025**

Includes complete Mod runner, connection link, and choice of pad.

# POWERLINE Sled™

*Practice Revolution*





## FEATURES

- ★ The Rogers PowerLine™ Sled will reward your players' effort and dedication with game-winning proficiency.
- ★ The PowerLine Sled allows you to vary the pad angle, pad height, and number of stations so you can run a variety of drills.
- ★ Angle of pads promotes fit – extension – finish, and keeps player low.
- ★ Run through the sled for pass-rush and swim moves.

For more sizes, specs, accessories, and product information go to [www.RogersAthletic.com](http://www.RogersAthletic.com).

## HIT → EXPLODE UP → FOLLOW THROUGH



### DEVELOP THE SKILLS

- ★ Players learn how to transfer the power of the legs through the hips and into the upper body.
- ★ Proper fit – extension – finish skills are naturally perfected with regular PowerLine drills.
- ★ Snapping the hips and bringing the feet becomes second nature.



# POWERLINE Sled™ Practice Revolution

## PAD-HEIGHT ADJUSTMENT

- ★ Pad is held securely in place at your choice of two heights.
- ★ Pin makes it easy to install, change, and remove the pad for storage.

## PAD-ANGLE ADJUSTMENT

- ★ Choose one of three resting angles so the pad can best suit your drills.
- ★ Lower the pad angle to practice goal-line situations.
- ★ Raise the pad for larger players.



## LINK SYSTEM

- ★ Vary drill routines by converting a 7-man into a 5-man and 2-man sled.
- ★ Purchase a smaller sled now and add additional drill stations later.
- ★ Low profile link allows players to safely run a variety of drills between the pads.



## ENERGY ABSORBING SPRING

- ★ High-tech energy-absorbing material responds to individual effort.
- ★ Springs are encased in metal for added safety.

## BAKED-ON FINISH

Baked-on powder-coated finish extends the life of your sled.

## FLAT RUNNERS

- ★ Heavy-wall runner offers realistic resistance when sled is driven.
- ★ Flat runners are safe for artificial turf.

## Accessories

### Double-Team Sled



The extra-wide Double-Team pad is designed to the size of a 3X shoulder pad, giving players the opportunity to practice drills and develop skills used for a game-time double-team strategy. Sled includes Coach's Platform for close-up evaluation and extra weight.

Specify pad color: ● RED ● BLUE

#411108 275lbs. **\$1300**  
or two annual payments of \$650

### Double-Team Pad



Attaches to PowerLine sleds only.

Specify pad color: ● RED ● BLUE

#410366 55lbs. **\$335**



## Stay Low with Short T-Pads

- ★ Maintaining a low pad level is one of the keys to a successful line play. The Rogers PowerLine Sled with Short T-Pads replicates linemen in a down stance.
- ★ The low aiming points force players to play low using proper technique to control the charge of oncoming linemen.
- ★ Defensively, work on shooting the hands to keep players out of the legs and to maintain separation.
- ★ Offensively, learn to defeat the root-out strategies of today's defenses.



**0% FINANCING ON SOME OF OUR MOST POPULAR EQUIPMENT\***  
CALL FOR MORE INFO.

\*Minimum order value required for multi-year plans.

Options

**PowerLine Sled™ Pad Selection**

- ★ Specify pad style that simulates your favorite drills.
- ★ Standard colors shown. Other colors available upon request. Call for availability and additional pricing.

**Big Bruiser**

HEIGHT 51" ★ WIDTH 20" ★ DEPTH 11"



- YELLOW
- ORANGE
- RED
- PURPLE
- BLUE
- GREEN
- NAVY
- BLACK

- ★ High School Coach favorite
- ★ Tapered style for all blocks, lock-out, base-block, shoulder, and cut-block

Replacement Pad #410082 **\$320**

**D-Pad**

HEIGHT 48" ★ WIDTH 14" ★ DEPTH 14"



- RED
- BLUE

- ★ Cylinder shape for working on tackling form – staying low, hit, wrap-up, and bring the feet
- ★ Great for rip and swim moves
- ★ Narrow for striking tight with hands inside

Replacement Pad #410085 **\$320**

**Shock**

HEIGHT 39" ★ WIDTH 21" ★ DEPTH 9"



- RED
- PURPLE
- BLUE
- NAVY
- BLACK

- ★ Has a narrow torso
- ★ Shape helps teach the D-line to "Shock" O-linemen with a punch with the heel of their hands then practice accelerating to the ball carrier

Replacement Pad #410440 **\$320**

**Tall T**

HEIGHT 41" ★ WIDTH 20" ★ DEPTH 14"



- RED
- BLUE
- GREEN

- ★ Offensive – drill hands inside, shoulder and forearm lift
- ★ Defensive – work striking and locking-out, keep separation, react to ball carrier

Replacement Pad #410083 **\$320**

**Short T**

HEIGHT 28" ★ WIDTH 20" ★ DEPTH 14"



- ORANGE
- RED
- BLACK

- ★ Work on shooting the hands low to keep opponents out of your legs in shuffle drills
- ★ Great for offensive line of Double Tight and Wing-T teams

Replacement Pad #410084 **\$320**

Packages



**7-MAN PowerLine Sled™**

#411107 1335lbs. 27.5'w **\$5645**  
or three annual payments of \$2136



**6-MAN PowerLine Sled™**

#411106 1151lbs. 23'w **\$4985**  
or three annual payments of \$1886



**5-MAN PowerLine Sled™**

#411105 953lbs. 18.5'w **\$4270**  
or two annual payments of \$2135



**4-MAN PowerLine Sled™**

#411104 753lbs. 14'w **\$3505**  
or two annual payments of \$1753



**3-MAN PowerLine Sled™**

#411103 553lbs. 9.5'w **\$2630**  
or two annual payments of \$1315



**2-MAN PowerLine Sled™**

#411102 353lbs. 5'w **\$1740**  
or two annual payments of \$870



**1-MAN PowerLine Sled™**

#411101 191lbs. 4'w **\$1045**  
or two annual payments of \$523



**PowerLine Sled™ Add-On Unit**

#410616 200lbs. **\$1110**  
Includes complete Mod runner, connection link, and choice of pad.

**Coach's Platform**



The optional Coach's Platform allows you to watch the drive and technique of each player as he drills on the PowerLine Sled. It also adds weight to increase players leg drive.

#411309 72lbs. **\$280**

# Tackle Sled™

Wrap, Drive, and Tackle

## RECOIL MECHANISM

Rogers' exclusive automotive-grade shock absorber responds realistically and gives a better workout than the typical leaf spring.

## FOAM RUBBER HOUSING

Foam rubber-wrapped housing protects players from moving metal parts.



Once tackled to the ground, the sled rebounds to the hitting position — ready for the next player.



Get more reps for each player in a shorter period of time when practicing tackling on the Rogers Pop-up Tackle Sled. Practice engaging the sled at full speed, wrapping up, driving back, and tackling it to the ground.

- ★ Once tackled to the ground, the sled rebounds to the hitting position, making it ready for the next player.
- ★ Automotive-grade shock absorber within a coil spring retains the player's impact with the pad in a more realistic way than with a leaf spring.
- ★ The sled's on-field weight is 240 pounds, so extra weights or sandbags are not needed.
- ★ Includes your choice of Wrap-up Pad or Cylinder Pad in your color choice:



● RED ● BLUE ● BLACK

#410289 240lbs. **\$1385**  
or two annual payments of \$693

Patent #D469142

## Accessories

### Tackle Sled Drive Bar

Turn your Rogers Tackle Sled into a year round training tool with the drive bar attachment. Simply place the bar in the pad receptacle and the sled now becomes a "push/pull" sled for off season training. If you have a Rogers Tackle Sled, this is a good investment to year round training.



#410290 16lbs. **\$150**



## Titan Pass Rush Trainer

Drill players to read and react to the opponent. Train swatting, clubbing, or swiping away the extended arms of the blocker to mimic an offensive lineman's reactions when his arm is pushed down. Great for indoor and outdoor use.

- ★ Trains players to read and react to the opponent.
- ★ The Trainer has two springs that let it turn just as an opponent would turn when the arm is pushed downward by a defensive lineman or linebacker rushing the quarterback.
- ★ Available with Portable Tire Mount or Ground Sleeve Post-mount design.
- ★ Comes standard with Titan Pass pad in your choice of colors:

● RED ● BLUE ● BLACK

### Titan with Tire Mount

#410675 275lbs. **\$1425**  
or two annual payments of \$713

Patent #7147579

### Titan with Post and Ground Sleeve Mount

#410676 85lbs. **\$1230**  
or two annual payments of \$615



### REALISTIC FEATURES

Realistic joint angles and arm dimensions for proper reactions to movements



## Combat Arms

Teach in real time to develop player's reactions to opposing player's movements. The coach can instruct and give instant feedback on technique while allowing a safe distance for both coach and player. A numbering system on the combat arms teaches proper form to develop player's coordination and control for all phases of the game. Can be used in place of direct contact drills when developing both offensive and defensive players year around.

#410828 13lbs. **\$485**



### REALISTIC TACKLING

Wide spring steel bar gives life-like resistance

### WEIGHT RESISTANCE

Add weight plates to increase resistance.



## Pop-Up Tackle Maker

Run more players through your tackling station with the Pop-up Tackle Maker. Once tackled to the ground, it returns to the upright position in seconds, ready for the next player.

- ★ Increase the Tackle Maker's resistance by adding weight plates from your weight room. Up to 100 pounds attach conveniently on the built-in weight stack bar.
- ★ Baked-on powder-coated finish on the frame.
- ★ Tough, 18-ounce vinyl cover on the pad.
- ★ Includes pad in your choice of colors:

● RED ● BLUE

#410454 190lbs. **\$1210**  
or two annual payments of \$605

Patent #D466963

# ISO Sled™

The Sled for Linebackers



The Iso Sled's pad is perpendicular to the ground because linebackers, defensive backs, and other defensive players have to defeat blocks at a different angle than down linemen. Now these players can develop proper shedding technique.

Linebackers and DB's can knock the pad back, throw the pad the opposite way from which the ball carrier commits, and finish the drill by accelerating to the ball.

- ★ The Iso Sled features the Lev Sled head, including its coil spring. The hit, compression, and recoil action simulates the opponent.
- ★ Push the spring in five inches or more and the player can lift the pad for leverage practice.
- ★ Optional Pivoting Pad Adapter moves the pad left and right — training players to maintain contact and keep pressure on the opponent.

Lev Sled  
Offensive  
Angle



Iso Sled  
Defensive  
Angle



★ Choose Surge or Shock Pad

**1-Man Iso Sled**  
#410471 335lbs. **\$1290**

or two annual payments of \$645

**2-Man Iso Sled**  
#410472 509lbs. **\$2140**

or two annual payments of \$1070

- YELLOW
- ORANGE
- RED
- PURPLE
- BLUE
- GREEN
- NAVY
- BLACK



# Specialized Sleds



## Zone Reactor

Teach quick footwork by players on both sides of the ball. You roll the pad along a five-foot track while players master reaction skills. Our exclusive vertical action from the Lev-Sled head adds even more realism to your drills.

- ★ Defenders develop quick hands, hard strike, and fast-moving feet.
- ★ Develop proficient lateral movement to disrupt a play or make a tackle.
- ★ Pad glides on eight heavy-duty rollers.
- ★ Height adjusts without tools in a 15" range.
- ★ Platform base included.

### Zone Reactor

#410474 475lbs. **\$2130**

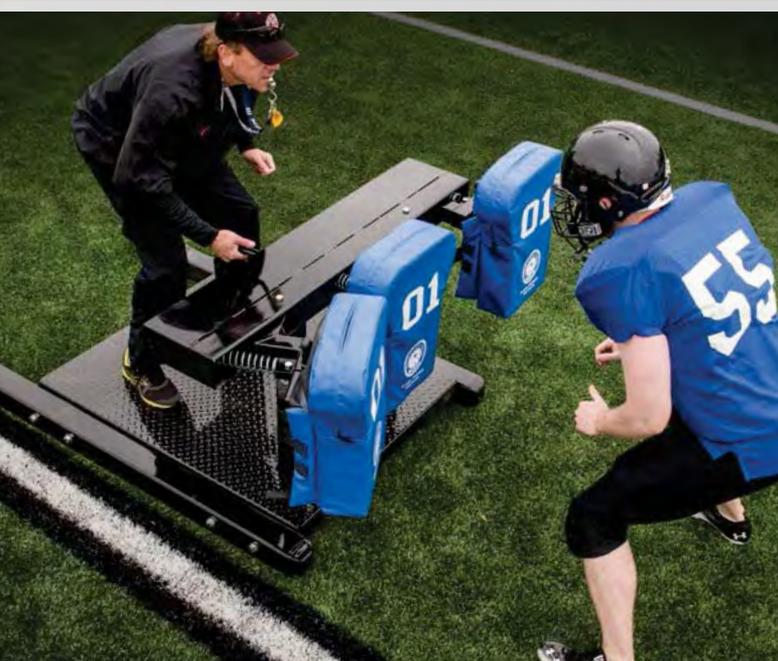
or two annual payments of \$1065



### Post Mount and Ground Sleeve

#410678 279lbs. **\$2045**

or two annual payments of \$1023



## Three Read Machine

- ★ Teach defense to quickly take on blocks coming from different angles.
- ★ Get game-day advantage by reacting fast to movement and shooting the hands quickly.
- ★ Eliminates need for two live players on drill.
- ★ 15" range height adjustment to best match size of players.

### Three Read Machine

#410476 385lbs. **\$2210**

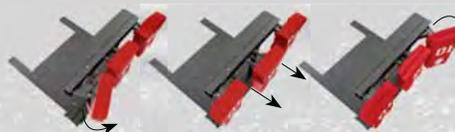
or two annual payments of \$1105

### Post Mount and Ground Sleeve

#410677 225lbs. **\$1895**

or two annual payments of \$948

Indicate pad color: ● RED ● BLUE ● NAVY



Coach triggers each pad independently to train player to react to movement.

Patent #6599206



## Shiver Sled

Teach your defense to be the first with the hands inside, then to deliver the blow with shocking power using the heel of the hand.

- ★ Shuffle down and repeat the punch for maximum repetitions.
- ★ Drill a good solid punch technique on offense and especially when teaching slide protection.
- ★ The pad height adjusts from 42" to 54" to best suit the average height of your players.
- ★ Pad is 12" high by 10' long; ● RED ● BLUE

### Shiver Sled

#410377 695lbs. **\$2915**

or two annual payments of \$1458

# Open Field Tackle Machine™

*The Toughest Tackle*



**“We have been so pleased with the Rogers Tackle Machine. We feel it is one of the top three reasons why we were able to turn our program around when we got here at 0-22 to making the semifinals the following year.”**

— Elliot Craig – Head Football Coach  
Cuba North Fulton High School – Illinois

To safely practice the toughest tackle in football, run drills on our Open Field Tackle Machine. Improve your overall defense in a realistic way, using minimal practice time.

- ★ Correctly practicing the proper speed and angle during run-pursuit drills gives players the skills to stop the ball carrier on game day.
- ★ Use the Open Field Tackle Machine for form tackling, wrap-up drills, and forearm shiver.
- ★ Offensively, you can work on pass blocking, shoulder and drive blocking, and leverage principles. Safely practice combination, cut, and stalk blocks.
- ★ Set the overhead tube lower at one end so players drive the dummy “up hill,” or leave level for repeated tackle drills.
- ★ Large rollers provide years of smooth service.
- ★ Overhead tube is galvanized steel for long-lasting, maintenance-free durability.
- ★ Choose 50lb or 80lb hanging dummy (same outside dimensions).

Stock colors available:



**Open Field Tackle — 80lb. dummy**

#410359 760lbs. **\$2390**  
or two annual payments of \$1195

**Open Field Tackle — 50lb. dummy (for youth)**

#410403 730lbs. **\$2390**  
or two annual payments of \$1195

## Accessories

### Retro-Fit Trolley

Upgrade older Open Field Tackle Machines with this Retro-Fit Trolley.

Rolls smoothly so dummy quickly reacts and travels fast. Simulates game speed. Included with new Open Field Tackle Machines.

#410555 40lbs. **\$470**



The slope of the overhead tube can be adjusted by raising or lowering the ends.



## Big Brutus

- ★ Coach as many repetitions as you need safely on the Big Brutus Hanging Dummy.
- ★ Offensive players can work on the lockout extension and punch technique, body positioning, while maintaining proper footwork throughout the duration of the pass set drill.
- ★ Safely have your defensive linemen practice the wrong shoulder technique when taking on a pulling lineman, defeating a trap or spilling a kick out block.
- ★ You can train two players at a time as well under the extended frame work.
- ★ Defensively, you can strike the dummy physically, to keep separation find the ball and make an escape move to the right or left to get to the ball.

**Big Brutus — 80lb. dummy**

#410817 261lbs. **\$1975**  
or two annual payments of \$988

**Big Brutus — 50lb. dummy (for youth)**

#410816 231lbs. **\$1965**  
or two annual payments of \$983



# PowerBlast™

The Total Team Trainer

## AIR PRESSURE

Unlike spring-loaded arms, the PowerBlast's™ air-filled arms resistance can be adjusted individually for more realistic practice.

## ARM ANGLE

Set each arm at a random angle to make the resistance more lifelike.

## ARM SPLITS

Adjust the splits between arms for added realism and increased difficulty.

20 Arm PowerBlast Pictured

- ★ Develop better skills by keeping the feet apart, head up, eyes open, and shoulders low.
- ★ Running backs can work on pumping the legs, covering the ball, and making the second effort.
- ★ Train receivers to catch the ball and turn up field strong to add yardage to every catch.

For more sizes, specs, accessories, and product information go to [www.RogersAthletic.com](http://www.RogersAthletic.com).

Patent #5888152

## Accessories

### PowerBlast Wheel Kit

Easily roll your PowerBlast to different practice locations or storage. Each kit includes one left side, and one right side wheel assembly.

#410680 \$510

Patent #D609765





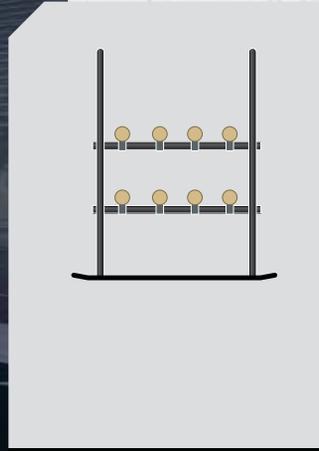
**ARM HEIGHT**

Adjust the height of the arms to suit the size of your players.



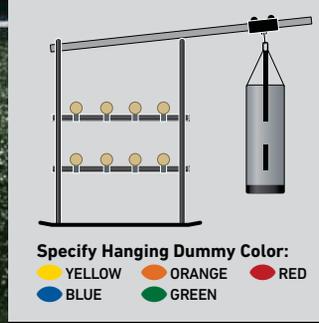
**REMOVABLE ARMS**

After practice or for seasonal storage, remove each arm without tools.



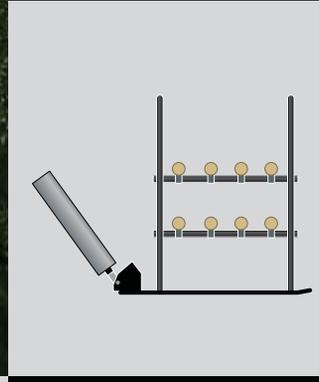
**PowerBlast™**

<b>12 Arm PowerBlast</b> #410421 591lbs. or two annual payments of \$1165	<b>\$2330</b>
<b>16 Arm PowerBlast</b> #410422 657lbs. or two annual payments of \$1443	<b>\$2885</b>
<b>20 Arm PowerBlast</b> #410424 704lbs. or three annual payments of \$1381	<b>\$3650</b>
<b>Add Hanging Dummy to your existing PowerBlast</b> #410382	<b>\$935</b>
<b>Add Wheel Kit to your existing PowerBlast</b> #410680	<b>\$510</b>



**with Hanging Dummy**

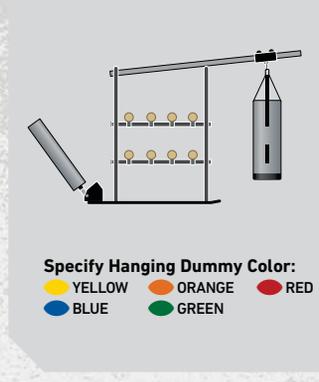
<b>12 Arm PowerBlast with Hanging Dummy</b> #410458 776lbs. or two annual payments of \$1600	<b>\$3200</b>
<b>16 Arm PowerBlast with Hanging Dummy</b> #410423 842lbs. or two annual payments of \$1898	<b>\$3795</b>
<b>20 Arm PowerBlast with Hanging Dummy</b> #410426 889lbs. or three annual payments of \$1722	<b>\$4555</b>



**with 2-Man PowerLine Sled**

<b>12 Arm PowerBlast with 2-Man PowerLine Sled</b> #410414 775lbs. or two annual payments of \$1600	<b>\$3200</b>
<b>16 Arm PowerBlast with 2-Man PowerLine Sled</b> #410416 825lbs. or two annual payments of \$1923	<b>\$3845</b>
<b>20 Arm PowerBlast with 2-Man PowerLine Sled</b> #410418 896lbs. or three annual payments of \$1569	<b>\$4145</b>

Specify PowerLine pad and color. (See page 17)



**with Hanging Dummy & 2-Man PowerLine Sled**

<b>16 Arm PowerBlast with Hanging Dummy &amp; 2-Man PowerLine Sled</b> #410417 1010lbs. or two annual payments of \$2270	<b>\$4540</b>
<b>20 Arm PowerBlast with Hanging Dummy &amp; 2-Man PowerLine Sled</b> #410419 1081lbs. or three annual payments of \$1905	<b>\$5035</b>

Specify PowerLine pad and color. (See page 17)

“Our PowerBlast is used by our entire program, 7th grade through Varsity. We love the way it makes our backs stay low and on balance.”

— Mike Bickerman – Head Football Coach  
Rushville-Industry High School – Illinois

# Trap Chute™

*Defeat The D*

## ADJUSTABLE ANGLE

Unlimited angle adjustment from 0° to 90°.

## 5' WIDTH

Train lower longer.

**ROGERS**

## DURABLE FINISH

Powder-coated steel protects your investment.

## EASY MOBILITY

Casters come standard on all Trap Chutes to allow for quick practice space conversion.



**“Doing drills in the Trap Chute is the best way I have found to teach lineman to keep their pad level down and their feet moving, so they can keep winning the battles in the trenches.”**

— *John Beam – Offensive Coordinator  
Laney College – California*

#### ADJUSTABLE HEIGHT

- ★ Set the Trap Chute height and angle to best develop your players skills.
- ★ Choose your height setting from 45" to 70".

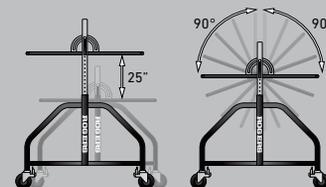
#### FEATURES

- ★ Linemen practice staying low, pulling, trapping, and executing combination schemes in the Trap Chute.
- ★ Free to move laterally but limited in height, the linemen learn to evade detection by defensive players.
- ★ Run reps of short traps, long traps, kick-out blocks, counter schemes, picks, scoops, and double teams.
- ★ Use the Trap Chute for standard chute drills and develop explosive take-offs and powerful offensive drives.

For more sizes, specs, accessories, and product information go to [www.RogersAthletic.com](http://www.RogersAthletic.com).

Run tight formations with the entire offensive line and the wide receivers. The top of the steel tubes force players low – no matter their directional move.

Rogers' Trap Chute adjusts to meet your training needs.



#### 16' Trap Chute

#410714 500lbs. **\$1765** or two annual payments of \$883

#### 24' Trap Chute

#410715 650lbs. **\$2270** or two annual payments of \$1135

#### 32' Trap Chute

#410716 800lbs. **\$2725** or two annual payments of \$1363

#### 8' Trap Chute Add-On Section

#410767 512lbs. **\$630** or two annual payments of \$315



**0% FINANCING** ON SOME OF  
OUR MOST POPULAR EQUIPMENT\*  
CALL FOR MORE INFO.

\*Minimum order value required for multi-year plans.

(All Trap Chutes are 5' wide)

# Zone Chute™

*Stay Lower Longer*

## ADJUSTABLE HEIGHT

Quickly and easily adjust angle and height to meet your training needs.

## LARGE SIZE

8' wide x up to 40' long.

## 8' WIDTH

Train lower longer.

## DURABLE FINISH

Powder-coated steel protects your investment.

## EASY MOBILITY

Casters come standard on all Trap Chutes to allow for quick practice space conversion.



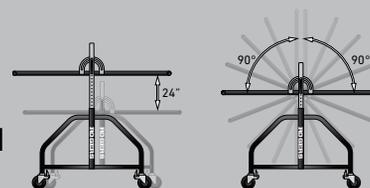
# ZONE CHUTE IS THE LARGEST CHUTE ON THE MARKET 8' WIDE AND UP TO 40' LONG!

## FEATURES

- ★ The Zone Chute is Rogers' largest - which means more athletes and more reps.
- ★ Train all three phases of the game.
- ★ Easily and quickly adjust the angle and height to better train your players.

For more sizes, specs, accessories, and product information go to [www.RogersAthletic.com](http://www.RogersAthletic.com).

The Zone Chute gives coaches the advantage of teaching players to stay lower longer. Its large size allows you to train more players in less time, and the unlimited angle adjustments give you the greatest flexibility for training.



Rogers' Zone Chute adjusts to meet your training needs.

### 16' Zone Chute

#410721 512lbs. **\$1945** or two annual payments of \$973

### 24' Zone Chute

#410722 664lbs. **\$2470** or two annual payments of \$1235

### 32' Zone Chute

#410723 812lbs. **\$3025** or two annual payments of \$1513

### 40' Zone Chute

#410724 964lbs. **\$3815** or two annual payments of \$1908

(All Zone Chutes are 8' deep)



**0% FINANCING** ON SOME OF OUR MOST POPULAR EQUIPMENT\*  
CALL FOR MORE INFO.

\*Minimum order value required for multi-year plans.

# Mobility Chute™

*Train Low, Play Low*

## **MESH TOP**

Will not scratch helmets.

## **ADJUSTABLE HEIGHT**

Adjusts from 40" to 69" to best challenge your players.

## **HEAVY-DUTY CASTERS**

Make repositioning chute easy.



**“Every practice day we use the Mobility Chute to warm up our lineman in groups underneath with agility drills. It’s a great tool to teach the bent knee position for all of our offensive and defensive players.”**

— Jon Mack - Head Football Coach  
Crespi Carmelite High School - Encino, California

## FEATURES

- ★ Practice staying low in football position for longer distances.
- ★ Maximize practice time as wide area allows coaches to cycle through many players with lots of repetitions.
- ★ Mesh top allows you to run full speed drills with greater safety.
- ★ Adjust pitch of chute top to start low and rise through.

For more size, specs, accessories, and product information go to [www.RogersAthletic.com](http://www.RogersAthletic.com).

Teach your players to be in a good football hitting position, maintain balance, keep a good pad level, and stay low on redirection drills four different ways. The large, 10' x 10' size keeps players low longer than other chutes. Adjust the height from 40" to 69" to best challenge your players. Mesh top will not scratch helmets. Chute comes with four six-inch casters for easy repositioning.

The Mobility Chute helps you simulate more realistic movement with low pad level. For the DBs, consider drills such as backpedal with angle breaks for speed and backpedal with a downhill break for tempo. The O-line can practice lateral slides; D-line practices stunts and angle steps. All players can work on agility with bent knees and eyes up, stepping over an Agile 1 dummy. Work stalk drills with the wide receivers and defensive backs.



**0% FINANCING** ON SOME OF  
OUR MOST POPULAR EQUIPMENT\*  
CALL FOR MORE INFO.

\*Minimum order value required for multi-year plans.

### 10' x 10' Mobility Chute

#410475 190lbs. **\$1200** or two annual payments of \$600

### 10' x 20' Mobility Chute

#410537 230lbs. **\$2065** or two annual payments of \$1033

# Speed Chute

HEADS UP  
SHOULDERS LOW



## SAVE ON COMBO PACKAGES!

As shown, includes, chute, dummies, and boards.

#410373 685lbs. **\$3620**

or two annual payments of \$1810



### 7-MAN Speed Chute™

#410258 555lbs. **\$2260** or two annual payments of \$1130

### 6-MAN Speed Chute™

#410257 480lbs. **\$2025** or two annual payments of \$1013

### 5-MAN Speed Chute™

#410153 405lbs. **\$1805** or two annual payments of \$903

### 4-MAN Speed Chute™

#410152 330lbs. **\$1510** or two annual payments of \$755

### 3-MAN Speed Chute™

#410151 255lbs. **\$1240** or two annual payments of \$620

### 2-MAN Speed Chute™

#410150 180lbs. **\$905** or two annual payments of \$453

### 1-MAN Speed Chute™

#410149 105lbs. **\$500** or two annual payments of \$250

### Rogers Speed Chute™ Add-On Unit

#410011 75lbs. **\$460**

Order boards and dummies separately.  
Each station is 56" wide x 60" deep.

## Speed Chute

Work on firing off the line and proper hitting, then climb and drive halfway through the drill. Head is up through the entire drill without the danger of bumping into a crossbar.

Eliminate the tendency players have to drop their chin during chute drills. The Speed Chute's unique arched tubing is designed to keep player's shoulders low yet allowing their heads to be unrestricted.

### ROGERS T-BOARD SET

- ★ The Board's beveled edges minimize the risk of sprains and bruises.
- ★ Solid, rubber-like Boards won't warp or splinter.
- ★ Heavy enough that they stay in place and don't need straightening after each drill.

The T-Board helps players maintain their balance by not over striding on the first step, and to lift – not drag – their foot on the second step, creating a stronger, more balanced blocking base.

### T-Board Set

T-Section: 2¼"H x 7½"W x 42"L.

The Board: 2¼"H x 12"W x 8'L

### The Board

2¼"H x 12"W x 8'L

Drill a wide-based stance and keep players in good football position.

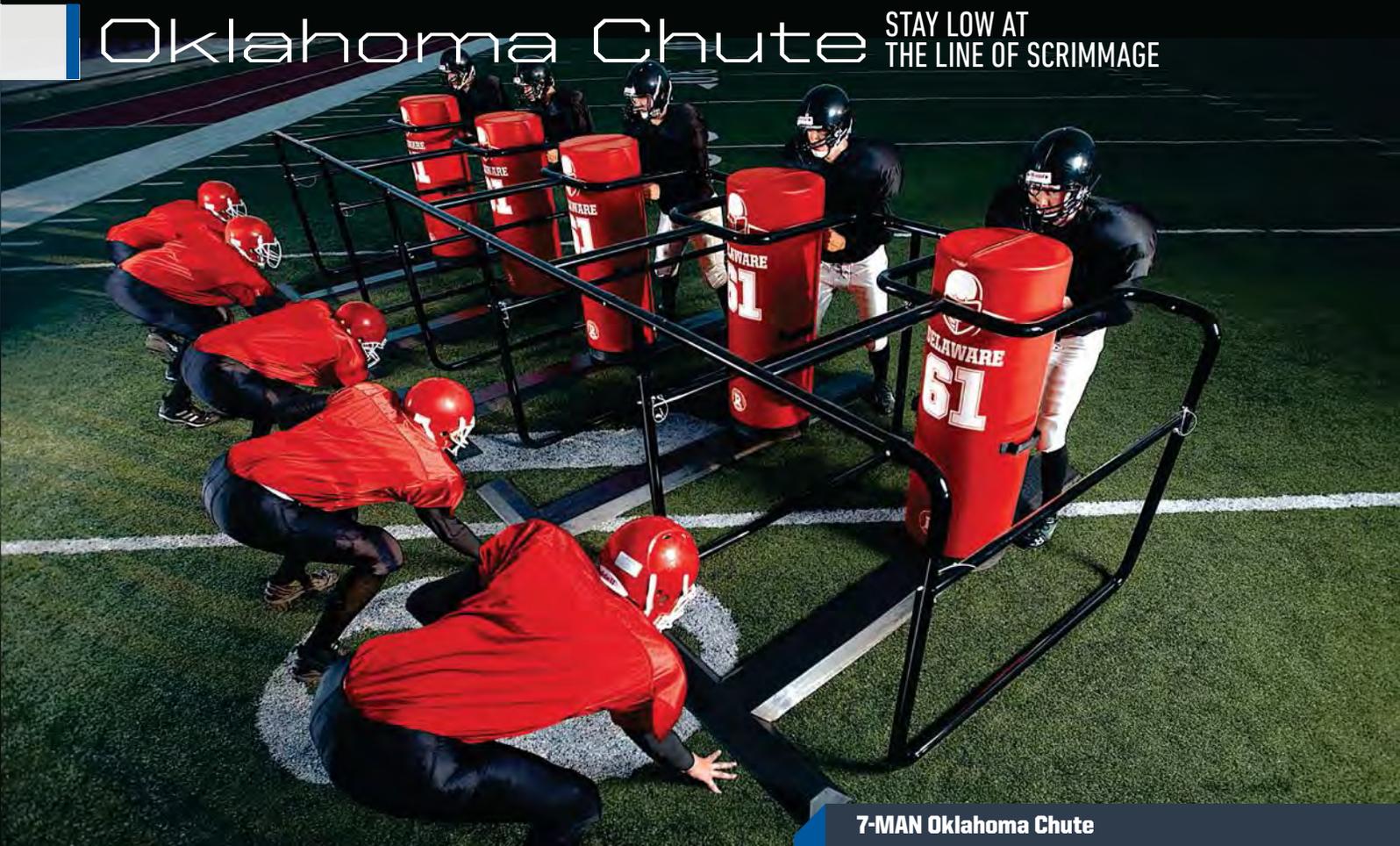
### Rogers T-Board Set



Easy grip cavities make transport to and from the field a snap.

# Oklahoma Chute

STAY LOW AT  
THE LINE OF SCRIMMAGE



## Oklahoma Chute

Whether you're a passing team or a running team, drills with the Oklahoma Chute™ will help players become proficient in yardage-gaining skills. Coach each player to start with a balanced stance, hands and elbows in position, and head up.

The overhead tubing keeps players low while firing off the line and allows them to raise and drive after the initial steps. In addition, the Oklahoma Chute is ideal for man-on-man blocking.

Each station is 56" wide by 60" deep (height can be adjusted from 41" to 51" without tools).

**SAVE OVER \$200** on a complete  
5-Man Oklahoma Chute Package.



### Package includes:

- ★ One 5-Man Oklahoma Chute
  - ★ Five T-Board sets
  - ★ Five Delaware dummies in a color of your choice
- RED ● BLUE ● NAVY

### 5-MAN Oklahoma Chute Combo

#410488 740lbs. **\$3380**  
or two annual payments of \$1690

### 7-MAN Oklahoma Chute

#410260 408lbs. **\$1580** or two annual payments of \$790

### 6-MAN Oklahoma Chute

#410259 375lbs. **\$1410** or two annual payments of \$705

### 5-MAN Oklahoma Chute

#410111 315lbs. **\$1280** or two annual payments of \$640

### 4-MAN Oklahoma Chute

#410110 255lbs. **\$1055** or two annual payments of \$528

### 3-MAN Oklahoma Chute

#410109 195lbs. **\$845** or two annual payments of \$423

### 2-MAN Oklahoma Chute

#410108 135lbs. **\$610** or two annual payments of \$305

### 1-MAN Oklahoma Chute

#410107 75lbs. **\$400** or two annual payments of \$200

### Oklahoma Chute Add-On Unit

#410346 60lbs. **\$370**

# Standup Dummies

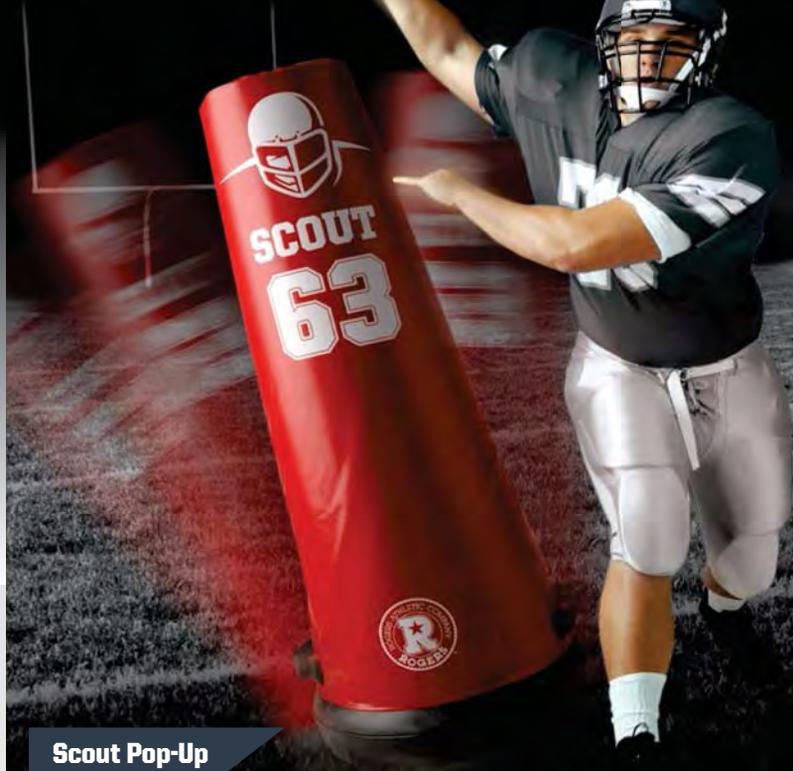


## Titan Pop-Up

Utilize hip and torso aiming points to teach proper technique on this tall pop-up. Receivers practice release moves. Foam filled and does not hold water. No assembly required. 72" tall. One-year warranty.

#410341 130lbs. **\$600 SAVE** on set of four \$2320

● RED ● BLUE ● GREEN ● NAVY



## Scout Pop-Up

Coming to its "feet" after every hit, this rugged pop-up willingly stands as a proxy on the scout team. Frees players from holding or righting standard dummies. Foam filled and does not hold water. No assembly required. 60" tall. One-year warranty.

#410277 122lbs. **\$515 SAVE** on set of four \$1995

● RED ● BLUE ● GREEN ● NAVY

## Optional Skelly Arms™

Dual raised front arms turn your pop-up into a defensive front allowing you to set-up pass skeleton drills. Teach the quarterback to find a passing lane. Attach a football (not included) with Velcro™ on the top for strip drills. Optional arms buckle easily and securely. Dummy not included.

#410647 3lbs. **\$140**

● RED ● BLUE  
● GREEN ● NAVY



## Optional Rip Arms

Have players practice the rip or swim. Incorporate a ball in the drill and work on recovering a fumble or scoop and score. Attach a football (not included) with Velcro™. Arms buckle on easily and securely. 6" dia. x 20" long. Dummy not included.

#410413 3lbs. **\$120**

● RED ● BLUE  
● GREEN ● NAVY



## Optional QB Arms

The raised arm simulates the QB in the pocket ready to throw a pass. Teach stripping the ball in the open field or from behind on a breakaway run. Simulate the ball carrier by attaching a football (not included) with Velcro™. Optional arms buckle on easily and securely. 6" dia. x 20" long. Dummy not included.

#410412 3lbs. **\$120**

● RED ● BLUE  
● GREEN ● NAVY



## Dummy Caddy

Transport your Titan and Scout from storage to the practice field easily. Large pneumatic wheels glide easily over grass and turf.

#410660 30lbs. **\$130**





**THE ORIGINAL: Big Block**

The original pro-look stand up designed by Football Hall of Fame's Joe Schmidt. Large upper blocking surface facilitates practicing zone schemes and lock-out and drive blocks. Use the cylindrical bottom to drill crab, cut and diagonal blocking. Molded foam core retains shape and lasts longer. 20" w x 52" h

Patent #3,680,861

#410088 22lbs. **\$230**

**SAVE** on set of six \$1326

- YELLOW    ● BLUE    ● GREEN
- RED    ● ORANGE    ● PURPLE
- NAVY



**NYLON LINER**

Absorbs shock better and lasts longer than cut foam.

**AIR POCKET**

Helps absorb the "blow" and simulates the tackle.

**COMFORT HANDLES**

Handles are made of seat-belt webbing with enclosed foam insert.

**AIR VENT**

A built in air vent helps dissipate the force from the tackle.

**TOUGH BOTTOM**

Zippered cover has 40oz. vinyl-coated nylon bottom for heavy-duty wear.



**Big Block Pro**

With an extra six inches in height, the Big Block Pro measures up for pro and college team practices. Molded foam core retains shape and lasts longer. 20" w x 58" h

#410089 25lbs. **\$255**

**SAVE** on set of six \$1386

- YELLOW    ● RED    ● BLUE

# Standup Dummies

## DOUBLE STITCHED

Handles are double stitched with an additional layer of vinyl inside for a reinforced backing. One of the things you don't see that makes these dummies better.

## RUGGED COVER

Cover made of 18oz. vinyl-coated nylon. Stocked in the popular colors. Additional colors available by special order.

## COMFORT HANDLES

Handles are made of seat-belt webbing with an enclosed foam insert that reduces player fatigue during practice. Don't settle for anything else.

## GRAPHICS

Jersey-style numbers are available for aiming points.

## SOLID GUTS

Higher density foam performs better and lasts longer.

## TOUGH BOTTOMS

"Go-ahead-drag-it" 40oz. bottom material reduces wear year after year.

## INDUSTRIAL ZIPPER

Zippered vinyl cover for do-it-yourself replacement.  
(Call for genuine Rogers replacement covers.)



## Delaware Pro

If you need to prepare for larger players, this 6' 80lb Delaware Pro is just like larger players. You can practice all the blocking and tackling moves, dummy will stand by itself for drills.

72" h x 18" dia  
#410636 80lbs. **\$415**  
**SAVE** on set of four \$1608

● YELLOW    ● NAVY  
● BLUE    ● RED

## Half Round

This popular, dual-purpose dummy has three double-stitched handles for blocking drills – and it lays flat for step-over drills.  
14" w x 52" h, (7" radius.)

#410261 7lbs. **\$140**  
**SAVE** on set of six \$708

● YELLOW  
● NAVY  
● GREEN  
● ORANGE  
● BLUE  
● RED



Half Round dummy doubles for step-over drills





### Rugged Square

Excellent for a variety of blocking and form-tackling drills or lay it on the ground as a step-over bag. Stack them up for practicing special teams. 14"square x 52"h

#410168 18lbs. **\$200**  
**SAVE** on set of six \$1080

- YELLOW    ● NAVY
- BLUE        ● RED



### Delaware

Wing T and Veer team players deliver the hard charge of a down-blocking lineman or a power inside trap on the Delaware Dummy. With its heavy, weighted bottom, this dummy offers great protection and won't kick out. Ideal to fit on the shoulder and forearm to deliver the blocks designed for these offensive schemes. 51"h x 18"dia

#410451 50lbs. **\$305**  
**SAVE** on set of four \$1088

- RED    ● BLUE    ● NAVY



### Heavy T

A must for teams using the Wing T. The Heavy T's additional weight is useful in crab, cross and trap blocking as well as for chute and board drills. Shaped to teach all modern styles of blocking. Molded foam core retains shape and lasts longer. 20"w x 52"h

#410262 45lbs. **\$210**  
**SAVE** on set of six \$1200

- RED    ● BLUE

### Rugged Round

Similar to any standard dummy – except this one has the Rogers heavy-duty bottom with a three-year warranty. 52"h x 14"dia

#410099 10lbs. **\$150**  
**SAVE** on set of four \$512

- RED    ● NAVY



### The Bulk

The look of a player and the weight to back it up! Practice pass-set and drill jam and lock-out blocks. Build leg strength and drive technique. Run board drills and blocking progression. Teach combination, down, base, and load blocks. Good for double-team drills, too. 27"w x 60"h x 14" d

#410352 90lbs. **\$325**  
**SAVE** on set of four \$1252

- RED    ● BLUE
- GREEN    ● NAVY

### Rugged T

A favorite for scramble blocking, pass blocking, and shoulder progression drills. 20"w x 52"h

#410090 19lbs. **\$190**  
**SAVE** on set of six \$1080

- BLUE    ● RED



# Shields



## Packer Shield

This is the first 3-dimensional hand shield on the market that features a secondary pad on top of protective pad simulating a shoulder pad breast plate just like a live player would have for aiming points for hand placement.

#410639 4lbs. **\$190**

**SAVE** on set of four \$720

● NAVY ● BLUE ● RED



## Bullet Arms

Simulate live movement safely with cylindrical arm pad. Coach slides arm inside the fully encased pad to practice escape, karate, and all hand combat moves using live motions.

#410638 3lbs. **\$100 each**

**SAVE** on set of four \$348

● RED



## Strike Shield

With the emphasis on tight hands inside first, the Strike Shield has aiming points designed for offensive and defensive drills. Teach a hard punch to shock the linemen across from you and make a release move.

#410439 5lbs. **\$150**

**SAVE** on set of six \$834

● YELLOW ● NAVY  
● ORANGE ● BLUE  
● RED ● GREEN



## Stunt Shield

Drill the lock-out technique and drive block with your O-lineman. Practice rip moves, swim moves, bull rush, separation, and leverage, with the D-lineman and linebackers. Three handles; 32"w x 36"h x 4"d

#410122 5lbs. **\$150**

**SAVE** on set of six \$834

**SAVE** on set of ten \$1320

● YELLOW ● NAVY ● GREEN  
● ORANGE ● BLUE ● RED

## No-Hands Pad

In season or during conditioning, the No Hands Pad offers a safe way to practice as a scout team player. It can be used for both offensive and defensive players. The hands and arms are free so that your team can play at full speed during the drill. It offers an aiming point to shoot the hands or to improve blocking techniques. The pad attaches quickly and can be adjusted with a waist belt to fit multiple sized athletes. It will be like your players have a padded jersey.

#410713 5lbs. **\$130**

**SAVE** on a set of six \$708

● RED  
● BLUE  
● NAVY  
● BLACK

## Lil' T

With three handles to secure the pad, this lightweight, economical shield is ideal for scrimmaging, arch blocking, tackling and contact drills. 20"w x 30"h x 4"d

#410094 4lbs. **\$130**

**SAVE** on set of six \$648

**SAVE** on set of ten \$1020

● YELLOW ● GREEN ● RED  
● ORANGE ● BLUE





**Sweep**

Protect players as they learn to react to one-on-one movement. Three handles facilitate realistic movement by the holder. Premium thickness, at 5½", provides extra safety and wear.

20"w x 30"h x 5½"d

#410470 6lbs. **\$120**

**SAVE** on set of six \$648

- RED ● GREEN
- BLUE ● NAVY



**Scoop**

Slight curve in the Scoop Shield helps players maintain a low fit and develop proper leverage.

Three handles facilitate realistic movement by the holder.

20"w x 32"h x 4"d

#410460 5lbs. **\$120**

**SAVE** on set of six \$648

- RED ● BLUE ● NAVY

**Hands Pad**

The patented Hands Pad was created by a winning line coach to give the most realistic training pad in football today. The Hands Pad side pockets allow the lineman to latch on to the pad with his fingertips just as if it were shoulder pads. Use it in board drills, chute drills and live scout drills.

Patent #7056238

#410655 6lbs. **\$180**

**SAVE** on a set of six \$1014

- RED ● BLUE ● NAVY



**Improve your blocking techniques by investing in the Hands Pad and Lil' Block!**

**Lil' Block**

Similar to the design of the Big Block stand up dummy, the Rogers Lil' Block is perfect for heavy-contact quick drills.

20"w x 28"h x 9"d

#410093 11lbs. **\$160**

**SAVE** on set of six \$894

**SAVE** on set of ten \$1390

Patent #3680861

- YELLOW ● NAVY ● ORANGE
- BLUE ● RED ● GREEN



**Bicep Flippers**

The ultimate in forearm and bicep protection. Two Velcro™ straps and a hand grip provide staying power during aggressive drills.

#410102 5lbs. **\$110/pair**

**SAVE** on set of six \$588

- YELLOW



**Arm Flippers**

These one-size fits-all arm shields minimize danger to the running backs, by protecting arms, hands and knuckles in scrimmages.

#410101 3lbs. **\$90/pair**

**SAVE** on set of six \$486

**SAVE** on set of ten \$770

- YELLOW ● GREEN ● RED
- ORANGE ● BLUE



**Colt Pro**

The Colt is a hand-held shield with arms. It's steel frame with spring loaded arms make it ideal for striking. The principal is simple: You always play against a man who is moving and has arms. Practice how you play!

#410854 **\$410**

- BLACK ● RED ● BLUE



**The Muzzle**

The Muzzle has been engineered to give offensive linemen perfect hands. The lineman knows his hands are correct because magnets fit together at each wrist. At this point, regardless of wherever the lineman strikes, he cannot hold. The Muzzles are also a great footwork tool.

#410852 **\$55/pair**

**SAVE** on set of four \$195

- BLACK ● RED ● BLUE



# Agiles™ ★

IMPROVE QUICKNESS, AGILITY, BALANCE  
AND COORDINATION. DON'T MISS A STEP.



## Agile 2

Similar to the Agile 1 but with extra height to promote high-stepping agility. Recommended for pro and college teams. 11 $\frac{1}{8}$ "h x 18" w x 50"l.

#410104 9lbs. **\$150**

**SAVE** on a set of six \$834

● RED ● BLUE



Agile 2

Agile 1

6-Inch Agile

## Agile 1

Improve quickness, agility, balance and coordination skills. Watch players for fluid motion, shoulders over knees, arms moving, and eyes on you.

Agile 1's slanted sides and urethane foam core safely builds confidence to play over traffic without looking at feet. Wide base eliminates repositioning after every drill. 7 $\frac{7}{8}$ "h x 18" w x 50"l.

#410103 8lbs. **\$130**

**SAVE** on a set of six \$708

● YELLOW ● ORANGE ● RED ● PURPLE  
● BLUE ● GREEN ● NAVY

## 6-Inch Agile

Train powerful and quick feet for explosive footwork. The quicker your feet, the more power you will have on the field.

#410725 9lbs. **\$120**

**SAVE** on a set of six \$650

● RED ● BLUE ● BLACK

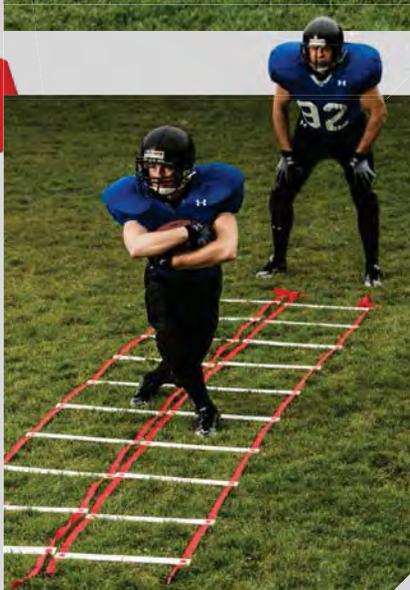
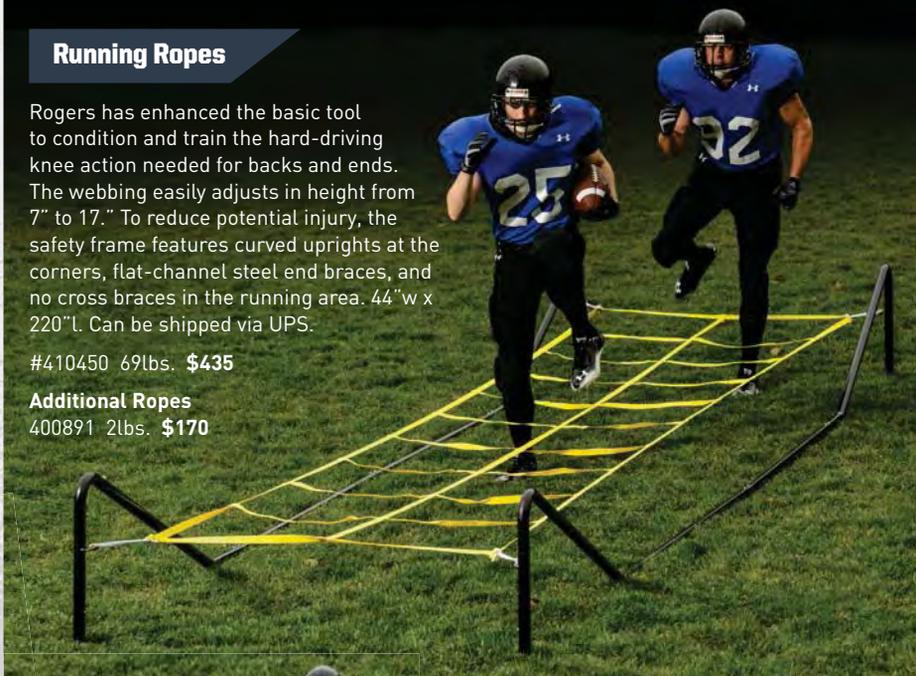
## Running Ropes

Rogers has enhanced the basic tool to condition and train the hard-driving knee action needed for backs and ends. The webbing easily adjusts in height from 7" to 17." To reduce potential injury, the safety frame features curved uprights at the corners, flat-channel steel end braces, and no cross braces in the running area. 44" w x 220"l. Can be shipped via UPS.

#410450 69lbs. **\$435**

**Additional Ropes**

400891 2lbs. **\$170**



## Agility Ladder

Keeping the feet close to the ground, players improve speed and balance. Stiff PVC rungs attached to webbing make 18 stepping areas. Unbuckle the 30' Ladder into two 15' sections to vary the drills. Lays in place indoors or out. Folds compactly for storage. Nylon carry bag included. 30'l x 20"w

#410464 8lbs. **\$95**

## Disks

Set of twelve non slip 9" dots for indoor and outdoor agility drills.

#410804 3lbs. **\$40**



## Cones

Bright, one-piece PVC Cones mark set points and player positions. Fade and heat resistant. Choice of three sizes.

6" Cones	#410667	5lbs.	<b>\$49</b> set of 10
		10lbs.	<b>\$99</b> set of 20
12" Cones	#410278	10lbs.	<b>\$65</b> set of 10
		20lbs.	<b>\$125</b> set of 20
18" Cones	#410279	30lbs.	<b>\$95</b> set of 10
		60lbs.	<b>\$185</b> set of 20



# Field Equipment

Improve your speed off the line



## Quick Snap

Allows coach to concentrate on watching the line while simulating snapping the ball to ensure players get off the line with the ball's movement. Pole adjusts from 3 - 6 feet.

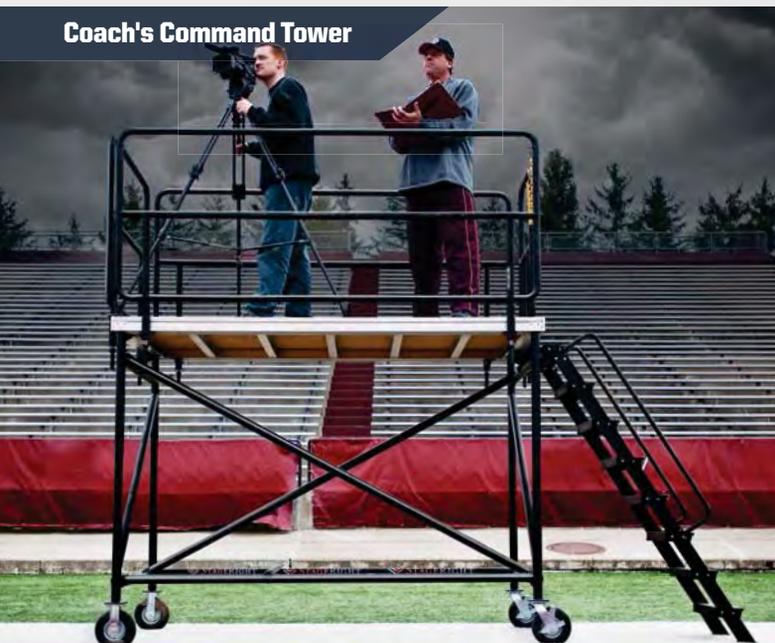
#410648 6lbs. **\$95**

## Agility Circle

Train live game quickness for all team members and teach the rushing defensive end to arch to the quarterback. 10' 6" diameter circle.

#410661 3lb. **\$85**

## Coach's Command Tower



The 6½' height of the Command Tower allows coaches to oversee the entire practice and the generous 4' x 8' platform provides sufficient room. Snap together design is easy to assemble without tools. Easily breaks down for compact storage. 12½'w x 6½'h.

#360168 486lbs. **\$3095** or two annual payments of \$1548

## Spacer Cans



Set up a front or formation using both width and depth without having to use players to simulate the look with Spacer Cans. Travel with cans to run through plays on the road. Cans include a handle on top & stack for storage. 30"H x 21" dia; black.

#410469 48lbs. **\$75 each**

**SAVE** on set of four \$270

## Equipment Bags

Carry practice gear to the field or for travel games. Keep all the right pads and uniform for a player together. Includes plastic sleeve to identify contents. Vinyl bag - 16"h x 16"l x 27"d. Mesh bag - 16"d x 36"l.

**Multiple vinyl colors available.**



**Vinyl Equipment Bag**  
#410669 3lbs. **\$65**

**Screen charge:**  
**\$40** for one color (6 bag minimum)

**Mesh Equipment Bag** (not shown)



### Landing Mat

Facilitate numerous repetitions of punt and kick blocking, receiving drills, and running back drills. Covered with durable 18-ounce vinyl-coated nylon. (Not for high jump pit.)

#### 12" Landing Mat

6'w x 12"h x 10'l

#410196 145lbs. **\$765**

#### 28" Landing Mat

6'w x 28"h x 10'l

#410786 333lbs. **\$1215**

● YELLOW

● ORANGE

● RED

● BLUE

● GREEN

● NAVY

### O/D Scrimmage Line



Eliminates using live players as markers. Sleeves slide to simulate your opponent's front look. Two-sided visual reference – offense on one side, defense on the other. Blue and gold. Player space 30"; 6"w x 37'l.

#410343 22lbs. **\$250**

### Basic Scrimmage Line



One-sided guide for line-of-scrimmage spacing. Player space 30" and splits 30" (C-G), 30" (G-T) and 36" (T-E). Overall dimensions 10"w x 34' 6"l

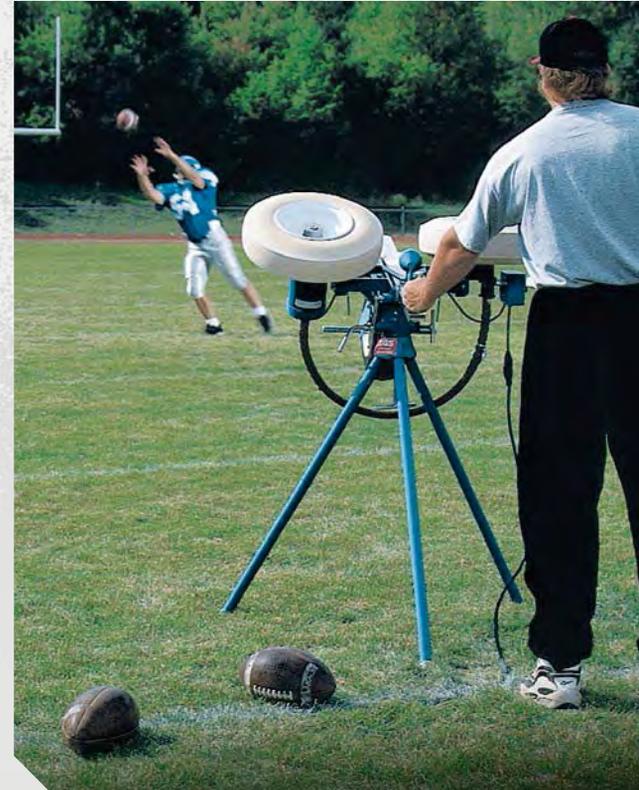
#410174 18lbs. **\$200**

# Football Throwing Machines

## JUGS® Football Throwing Machine

Turn good receivers into great ones with plenty of catching practice. "Passing" or "kicking" up to 600 balls per hour, the JUGS® Football Throwing Machine helps players develop greater expertise in catching the football — without wearing out your quarterback's arm. Have receivers run routes or run to a spot and get rep after rep. You control the velocity and direction of the pass or kick. Used by all NFL teams and over 25% of all high school programs. Runs on 120-volt electricity.

#410355 129lbs. \$2600



## JUGS® Field General Football Throwing Machine

It's lightweight and portable — weighing less than 95lbs. It also comes with its own transport wheel, making it easy to move to any spot on your practice field. The Field General throws accurately up to 50 yards, allowing you to hit receivers in stride. You can also include both punt and punt return drills with the 5 second hang time.

#410635 98lbs. \$2100

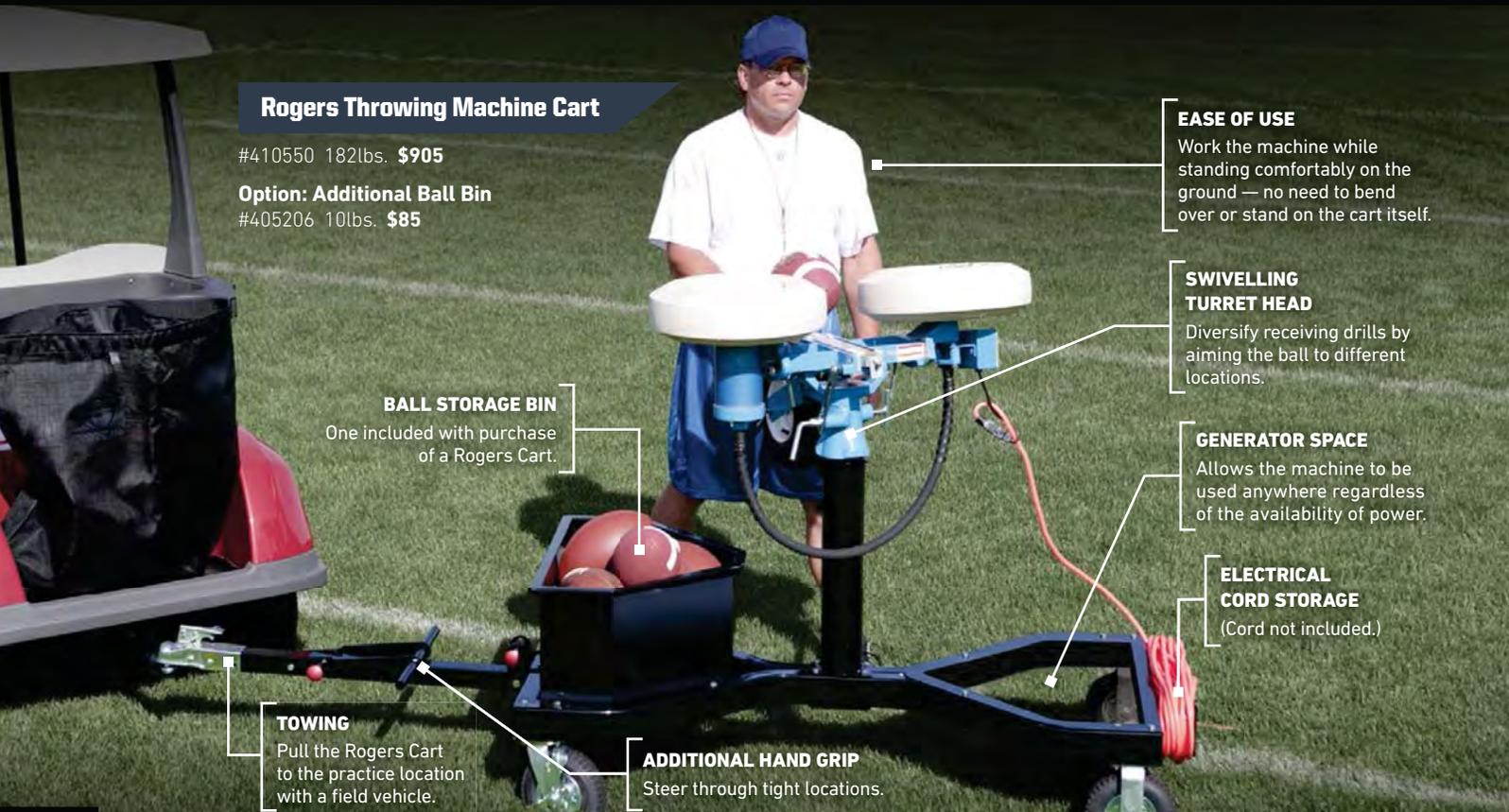


## Rogers Throwing Machine Cart

#410550 182lbs. \$905

**Option: Additional Ball Bin**

#405206 10lbs. \$85



### EASE OF USE

Work the machine while standing comfortably on the ground — no need to bend over or stand on the cart itself.

### SWIVELLING TURRET HEAD

Diversify receiving drills by aiming the ball to different locations.

### GENERATOR SPACE

Allows the machine to be used anywhere regardless of the availability of power.

### ELECTRICAL CORD STORAGE

(Cord not included.)

### BALL STORAGE BIN

One included with purchase of a Rogers Cart.

### TOWING

Pull the Rogers Cart to the practice location with a field vehicle.

### ADDITIONAL HAND GRIP

Steer through tight locations.

# SNAP ATTACK™

Run more drills with greater precision and speed. Train Snap, Pass and Kick with one-machine. Two high-powered motors provide instant recovery, allowing rapid repetition and combination of drills. Universal cradle positions the ball for either passing, punting, snapping or kick-offs.

- ★ No second cradle required for kick-off.
  - ★ Passing stand allows throwing head to pivot instantly in any direction, accurately throwing passes, punts and kick-offs to any location on the field. Operators can lead receivers, spot punts or kick-offs precisely for both returns and coverage. Elevation changes are quick and easy. Machine can also be locked in for precise repetition.
  - ★ Solid guarded wheels are specially-designed for minimal wear and last the life of the machine with no need for pressure changes.
  - ★ Unit quickly moves on and off field; just tilt it, unsocket legs and easily roll it on two transporting wheels.
  - ★ No assembly is required. Unit arrives fully assembled and ready for your immediate use.
  - ★ No waiting for wheels to come back up to speed.
- #410703 118lbs. \$3999

Attachment adaptor for Rogers Throwing Machine Cart  
#409039 \$200

Snap Attack folds for easy storage and mobility.



## Make getting there even easier with the Stadium Pro® Utility Cart.

### Stadium Pro® Utility Cart

Large foam filled locking casters provide a stable, reliable base, while its slightly raised platform lip prevents items from sliding off. Slotted areas allow for accessory brackets and restraining strap attachments, which is a real benefit over other cart designs. It can be hand-pulled or towed, and folds easily for compact storage. The baked-on finish will help your investment last for years.

#360160 340lbs. \$1490

Slip resistant surface & edge lip keeps items on the cart.

Slots on bottom for straps to secure loads.



The cart folds for storage and built-in casters makes moving through doors a snap.



Please note the Stadium Pro Utility Cart is designed to be used only on grass/turf and

# Combo Passing Trainer



## Combo Passing Trainer

**THREE NETS IN ONE!** Drop in net to sharpen fade routes. Target Net adjusts in height for variable targets. Raise the height for high-release training. Full floor for transporting balls, practice gear and training needs. Hitch for towing and a handle for one person positioning. Hitch ball to create "train" of trailers. Tires are foam filled for "Never Flat" technology.

#410621 **\$1785**

or two annual payments of \$893

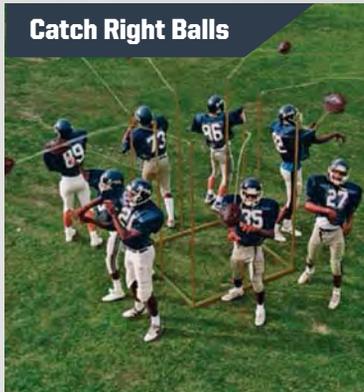




**Target Net**

QBs loosen up and hone their throwing mechanics. Throw to different heights, from different angles, and to different spots. Three pockets; 18'6" w x 12' h  
#410392 11lbs. **\$450**

**Catch Right Balls**



Anchor the rugged shock cord to any stationary object or eight station stand and when ball is thrown it is immediately snapped back to the thrower, helping develop concentration and hand-eye coordination.

**Catch Right Balls**  
#410671 **\$45 each**  
**Eight Station Stand**  
(includes 8 balls)  
#410672 **\$610 each**

Patent #5611532

**Fumble Pro**



Simulate the same forces a player will experience in games in a way no other training tool can achieve. The Slap Handle creates a large impact force with just a simple flick of the wrist that is then transmitted to the ball. This allows the coach to generate maximum force on the ball without having to punch or hit the ball, or follow the player through the drill.

#410822 5lbs. **\$135 each**



**Fumbler Strap**

Teach players to increase ball security by trying to strip the ball carrier of the ball using push/pull methods. Use in conjunction with pop-up dummies for defensive strip drills. To use, deflate your football (not included), put it in the Strap then re-inflate.

#403040 1lb. **\$55**



**Bullet Stick**

Teach players strong ball control and win the turnover battle. Foam pad on long handle keeps coach from interfering with drill.

#410780 9lbs. **\$125**



**Heavy Toss Football**

Improve arm and grip strength with our weighted footballs. Available in 2 lb. and 3 lb. sizes.

**2lbs.** #410498 **\$35**  
**3lbs.** #410499 **\$40**

# Wall Padding



## WALL PADDING

Personalized messaging available for both indoor and outdoor applications

## CUSTOM WRAPS AND PADDING

Protect and brand any surface including podiums, columns, and corners.

## Customized pads provide safety, branding, and sponsorship opportunities.

Rogers introduces a full line of protective padding for your indoor and outdoor athletic venues. Provide safety, privacy and branding for your school/team. Rogers Athletic will review your individual padding needs and customize a solution to wrap your venue and protect your athletes and fans. Constructed using heavy weight vinyl in your color choice, the padding is a high quality urethane foam attached to outdoor grade plywood. For more product information go to [www.RogersAthletic.com](http://www.RogersAthletic.com)

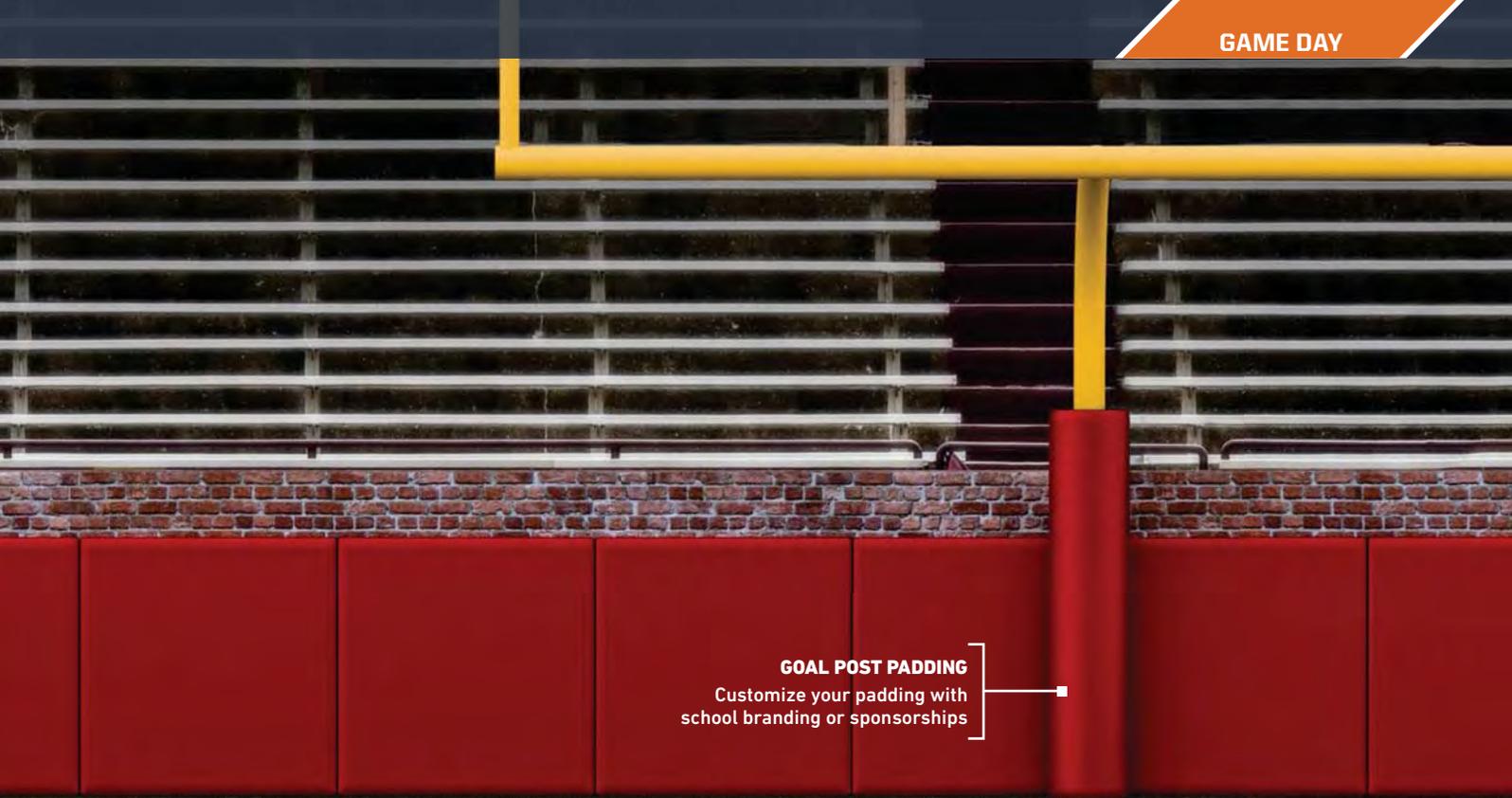


### Outdoor Wall Padding

Protect your athletes and fans with Rogers Wall Padding. Mount styles include "z" strip bar and concrete/masonry anchors. Screen printed graphics and wording available. Can attach to concrete, masonry, fences and wood.

### Tapered Column Padding

Indoor training spaces become safer as you cover all sharp and hard surfaces with Rogers Wall Padding. Cover side columns, freestanding columns and accessories stored in your training area.



**GOAL POST PADDING**  
 Customize your padding with school branding or sponsorships



**Custom Padding**

Call your Rogers team member to discuss.

- ★ Light poles
- ★ Half-walls
- ★ Building corners
- ★ Portable equipment
- ★ Man-lifts
- ★ Camera platforms



**Outdoor Fence Padding**

Add privacy and safety to your outdoor practice and game environments with Rogers fence safety pads. Heavy duty UV stable vinyl over high quality urethane foam attached to outdoor plywood.

**Standard Ink Colors** Colors are approximate.

- |                  |                |
|------------------|----------------|
| ● YELLOW         | ● MEDIUM GREEN |
| ● MEDIUM YELLOW  | ● PERMA GREEN  |
| ● ORANGE         | ● DARK BROWN   |
| ● DEEP RED       | ● PALE GOLD    |
| ● MAROON         | ● RICH GOLD    |
| ● PURPLE         | ● SILVER       |
| ● LITE BLUE      | ● WHITE        |
| ● BRILLIANT BLUE | ● BLACK        |
| ● NAVY BLUE      |                |

**Standard Vinyl Colors** Colors are approximate.  
 Actual color swatches available if necessary.

- |          |         |          |         |         |
|----------|---------|----------|---------|---------|
| ● Yellow | ● Red   | ● Purple | ● Blue  | ● Navy  |
| ● Orange | ● Green | ● Gray   | ● White | ● Black |

Additional vinyl and ink colors are available for an additional charge.

Please call for availability and pricing information.

# Goal Posts



Stadium Pro™ 1000

## Stadium Pro™ 8000

Gooseneck support is 8' setback from end line to accommodate soccer goal. In ground steel mount with leveling capability included. Concrete specifications and information available online at [www.RogersAthletic.com](http://www.RogersAthletic.com).

## Stadium Pro™ 1000

Steel goal post – 6' setback. Steel ground sleeve and cap included. Concrete specifications and information available online at [www.RogersAthletic.com](http://www.RogersAthletic.com).

## Regulation Widths

23'4" for high schools fields  
18'6" for college & pro fields

## Powder-Coated Finish

All Stadium Pro™ Goal Posts are available in white or optic yellow.

## Stadium Pro™ 1000 (steel)

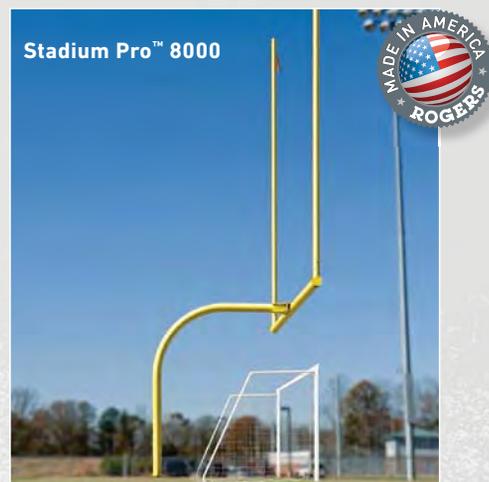
Main standard six feet behind the end line. Compare our hefty specifications with other brands.

- ★ Gooseneck of 5" o.d.
- ★ Crossbar of 5" o.d.
- ★ Uprights of 3" o.d.

## Stadium Pro™ 8000 (8' offset)

With an eight-foot setback from the end line, the main standard allows space for a soccer goal on dual-sports fields.

- ★ Gooseneck of 6" o.d.
- ★ Crossbar of 6" o.d.
- ★ Uprights of 4" o.d.



Stadium Pro™ 8000

	Color	Offset	Gooseneck	Crossbar & Uprights	23' 4" Crossbar (High School)	18' 6" Crossbar (College & Pro)
<b>Stadium Pro™ 8000-20</b> 20' Uprights	white Optic Yellow	8'	Steel	Aluminum	#410491 1156lbs. \$6155/pair or two annual payments of \$3078/pair	#410493 1106lbs. \$6005/pair or two annual payments of \$3003/pair
<b>Stadium Pro™ 8000-30</b> 30' Uprights	white Optic Yellow	8'	Steel	Aluminum	#410492 1178lbs. \$6155/pair or two annual payments of \$3078/pair	#410829 1215lbs. \$6725/pair or two annual payments of \$3363/pair
<b>Stadium Pro™ 8000-35</b> 35' Uprights	white Optic Yellow	8'	Steel	Aluminum	#410232 940lbs. \$3785/pair or two annual payments of \$1893/pair	#410234 892lbs. \$3705/pair or two annual payments of \$1853/pair
<b>Stadium Pro™ 1000</b> 20' Uprights	white Optic Yellow	6'	Steel	Steel	#410232 940lbs. \$3785/pair or two annual payments of \$1893/pair	#410234 892lbs. \$3705/pair or two annual payments of \$1853/pair

## Goal Post Net



Custom made barrier nets improve practices and keep games moving by keeping balls in play. Player safety is enhanced by eliminating the need to chase balls into hazardous areas like roadways or parking lots. And spectators (and facility owners) are protected from balls being struck into viewing or seating areas. Made of durable 100% nylon yet are light weight for easy installation and handling.

**30' x 40' Goal Post Net w/4" Mesh**  
#410856 48lbs. **\$805**

## Goal Post Pads



**6' High Goal Post Pad**

**7' High Goal Post Pad**

Protect players and boost team spirit with custom silk-screened goal post pads.

- ★ Pad features 6" thick foam
- ★ 18-oz. vinyl-coated nylon cover
- ★ Foam is fully encased in vinyl cover
- ★ Easy to attach and remove
- ★ Held in place with Velcro™
- ★ Fits poles up to 6" in diameter

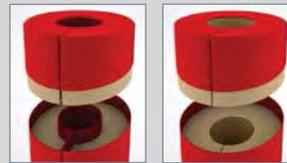
**6' High Goal Post Pad**  
#410438 48lbs. **\$630/pair**

**7' High Goal Post Pad**  
#410437 60lbs. **\$640/pair**

**Screen Charge**  
**\$125** Per ink color  
(includes standard lettering)



The ultimate branding for your end zone. Our custom goal post pads offer endless graphic possibilities. Due to the custom nature, please contact one of our sales representative for more information.



Rogers' pad

Competitor's pad

Rogers' Deluxe Post Pad fully encloses the foam in vinyl, inside and outside for a stronger, longer lasting product. Our competitor's pad only has vinyl on the outside of the foam.

**Call about custom pads for light poles, flag poles and more.**

## Portable Goal Posts



### Stadium Pro™ Portable Goal Post

Fine tune your kickers' accuracy at any practice location. Use at games with optional padding.

- ★ A heavy-duty winch facilitates raising and lowering the crossbar.
- ★ Requires two people to set up although only one to move.
- ★ Crossbar and uprights in white baked-on finish.
- ★ Trailer ball 17/8"  
(Not licensable for travel on public roadways)

**23'4" Crossbar**  
#410358 1200lbs. **\$4585**

**18'6" Crossbar**  
#410353 1170lbs. **\$4450**

**Portable Goal Post 8' Pad**  
Specify pad color: ● RED ● BLUE  
#410357 28lbs. **\$420**

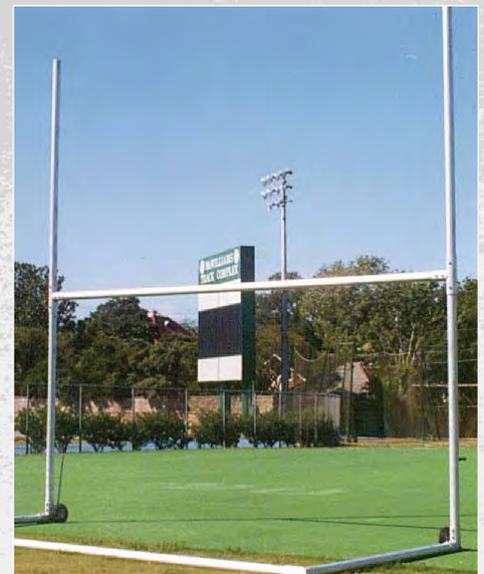
Roll the Portable Goal Post into place, attach crossbar and uprights, and raise with the winch.



### Portable Goal Post

Regulation sized Goal Posts for temporary fields and use during practice. Disassembles quickly and can be moved while assembled. 23' 4" crossbar.

#410673 295lbs. **\$2350**



# Stadium Pro Chain Sets



Improve player safety with the flexible pole option.

## Stadium Pro® Chain Sets (A & B)

Used for televised games or every Friday night, Rogers Stadium Pro™ Chain Sets are designed to be safe and functional. Crafted from a special rocket-red vinyl, these markers quickly draw the eye to gauge distance to the first down. Each aluminum pole is covered with foam. For additional safety, an optional flexible pole is also available. Save money by purchasing complete packages.

### Stadium Pro Chain Set (A)

Standard Poles: #410434 25lbs. **\$480**  
Flexible Poles: #410435 27lbs. **\$620**

### Stadium Pro Down (B)

Standard Poles: #410552 10lbs. **\$390**  
Flexible Poles: #410571 11lbs. **\$450**

### Stadium Pro Set (A, B, & H)

Standard Poles: #410443 35lbs. **\$845**  
Flexible Poles: #410445 38lbs. **\$1045**

## Stadium Pro® Yard Line Markers (C)

Markers nest together for compact storage. On the field, they are highly visible and stay put in gusty winds. Made of molded foam, they are safe for when players are tackled or rolled out of bounds. Then they recover their shape after being hit.



Set of 11 #410393  
65lbs. **\$480**

Set of 22 #410398  
130lbs. **\$945**



## Game-Day Trailer (D)

Make field prep a snap and easily transport equipment with the Game Day Trailer. Can be towed behind a motorized field vehicle or pulled by hand using the convenient towing handle. Wheels are foam filled and will never go flat. Store chain sets, pylons and yard line markers securely. A vest bag holds loose items in one place for easy access.

52"l x 22"w x 44"h  
#410551 161lbs. **\$875**

## Field Cart (E)

Set up your field faster with your entire game-day field dressing using Rogers' compact mobile storage.

32½"l x 21½"w x 47¾"h  
#410397 73lbs. **\$460**

Field package equipment sold separately from trailer and cart.

## Conference Vest (F)

Add a professional logo to the chain crew at your school, league or conference. Screen charge of \$40 per color, plus \$50 set-up charge for custom logos. Call for package pricing.

#410630 1lb. **\$55**

## Ball Vest (G)

Ball boy vest holds two footballs. Made of nylon with mesh ball pocket.

#410553 1lb. **\$55**

## Chain Crew Vests (H)

Extra-large slipcovers are hip length with elastic at waist and Velcro™ on one side. Set of three, two striped and one diamond.

#410500 1lb. **\$45**



**Pylons (I)**

Each official-sized pylon is constructed of a single piece of molded foam with the weight suspended inside. No sleeves or anchors required.

Set of 6 #410380 41lbs. \$200  
Set of 12 #410116 81lbs. \$350



Enhance your branding for signature events with logo pylons. Call Rogers for pricing.

**First Down Spotter (J)**

Weighted arrow gives players a vibrant first-down target. Covered with vinyl-coated nylon.

#410195 3lbs. \$65



**Varsity Folding Yard Line Markers (K)**

Set of 11 #410117 36lbs. \$410  
Set of 22 #410118 72lbs. \$785

Carry Bag for 11 Folding Markers #410298 3lbs. \$85



**Chain Set & Down Marker Carry Bag (L)**

Black only; 8'6" L x 20" W #410297 4lbs. \$125



**Drive Start Indicator (M)**

Standard Pole. #410025 8lb. \$230

**Official Disc (N)**

Molded plastic officials disc with EZ chain clip.

#410626 \$6 each



**Varsity Chain Sets**



**Varsity Chain Set (O)**

Eye-catching rocket-red vinyl flag and bull's eye on foam-covered pole. Includes vests and tangle-resistant chain; 8'6" tall.

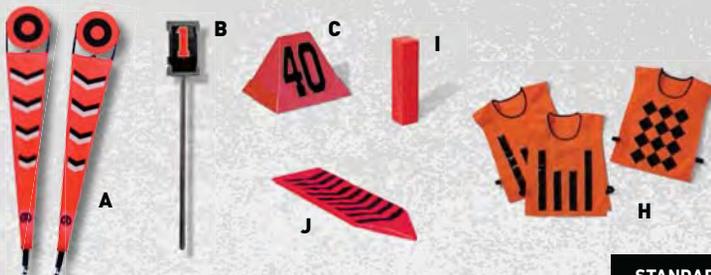
#410433 30lbs. \$370

**Varsity Flip Down (P)**

Easy-to-flip numbers on modern pole look sharp for those big home games. Numbers are 11" tall on tabbed, high-impact plastic. Steel, foam-covered pole. Never worry about misaligned numbers or dead batteries!

#410557 18lbs. \$195

**SAVE 7% by purchasing a COMPLETE FIELD PACKAGE.**

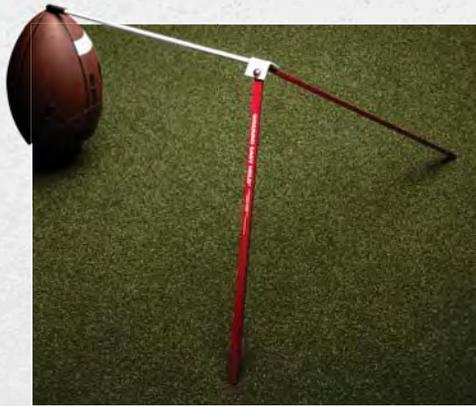


**Field Package Includes:**

- 1 Stadium Pro® Chain Marker Set.....pg52, A
- 1 Stadium Pro® Down Marker.....pg52, B
- 22 Stadium Pro® Yard Line Markers.....pg52, C
- 12 End Zone Pylons.....pg53, I
- 1 First Down Spotter.....pg53, J
- 3 Chain Crew Vests.....pg52, H

	STANDARD POLES		FLEXIBLE POLES	
<b>Stadium Pro Chain Set</b>	#410434	25lbs. \$480	#410435	27lbs. \$620
<b>Stadium Pro Down</b>	#410552	10lbs. \$390	#410571	11lbs. \$450
<b>Stadium Pro Set</b>	#410443	35lbs. \$845	#410445	38lbs. \$1045
<b>Game-Day Trailer Set</b> p52, D (with complete Stadium Pro™ field package)	#410569	384lbs. \$2975 or two annual payments of \$1488	#410570	387lbs. \$3190 or two annual payments of \$1595
<b>Field Cart Stadium Pro™ Set</b> p52, E (with complete Stadium Pro™ field package)	#410441	296lbs. \$2520 or two annual payments of \$1260	#410442	299lbs. \$2735 or two annual payments of \$1368

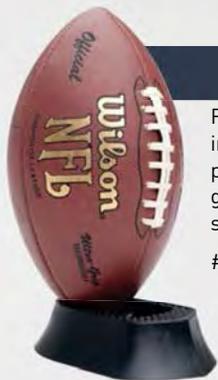
# Sideline Gear



## Kicking Stix® Football Holder

Folding design with balanced weight to hold the ball in windy conditions without affecting the kickers height or distance.

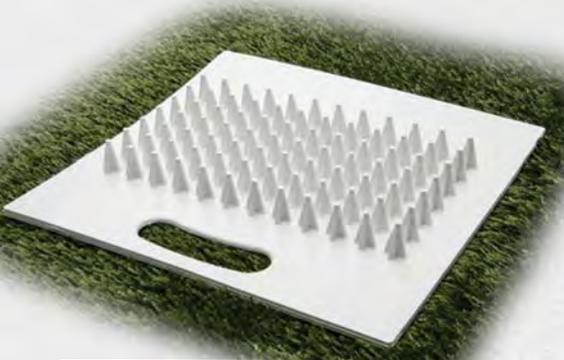
#410665 2lbs. **\$35**



## Toe-Tal-Tee

Four-in-one tee includes two kick-off tee placements and two field goal blocks. Legal in high school play.

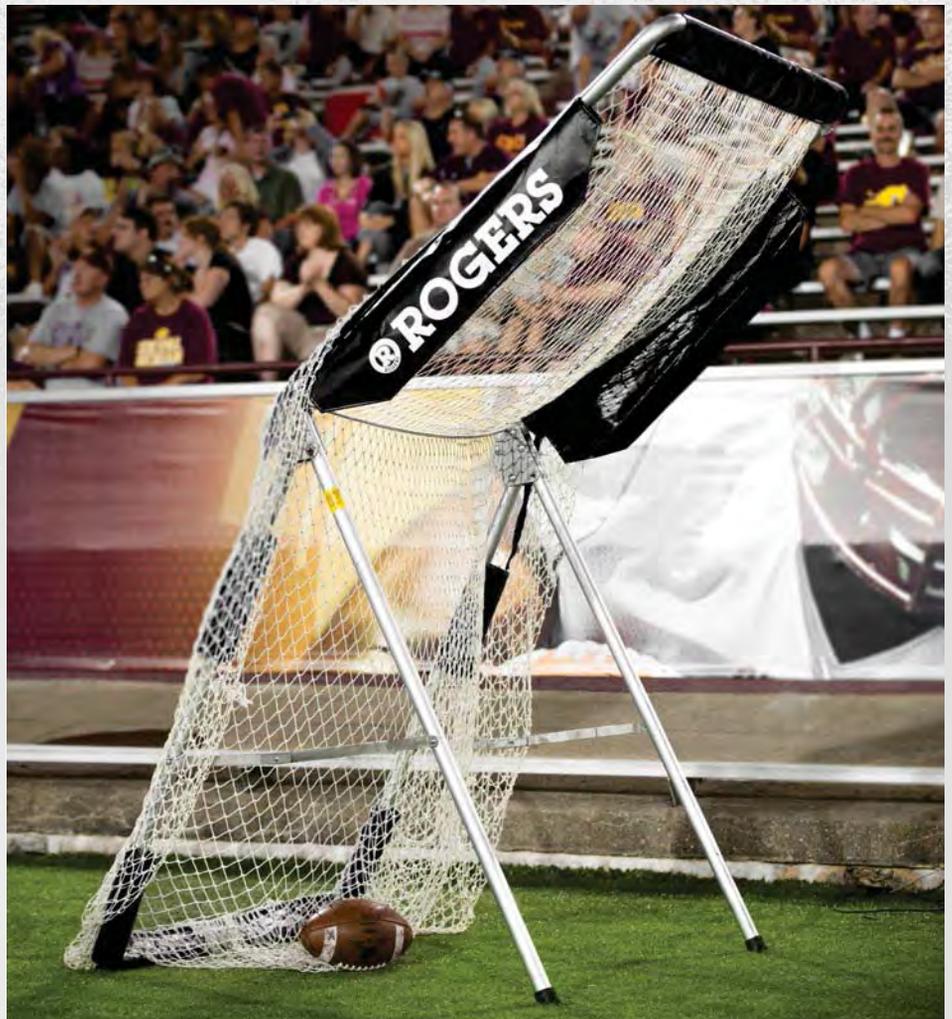
#410666 2lbs. **\$25**



## Donniss Cleat Board

Great for freeing cleats of mud or caked dirt prior to returning to the game to ensure control in critical situations. Keep the dirt outside by placing the board near building entrances.

#410664 5lbs. **\$45**



## Portable Kicking Net

Warm up your kickers during games and develop their skills during practice. The strong, light-weight aluminum construction gives years of service and is easier to carry than steel. Netted frame is 48"W x 87" tall. Available only in black.

#410351 45lbs. **\$460**

## Carry and Storage 5' x 4' Case

#410919 **\$160**

## Special Teams Position Mat

The right number of players will be organized and ready and you'll avoid a penalty or using an unnecessary time-out. Vinyl mat does not absorb water so it is easy to store. Available in same colors as goal post pads and wall padding - see page 49 for available colors.

#410452 11lbs. **\$390**  
(includes numbered spots)

Screen team name \$6 per letter.



# Waterboy Hydration



Shown with optional features

## Vertical Power Model - G2

Ideal for practice or games, this pressurized drinking system is completely self-contained on a hand dolly. Features six drinking stations with retractable coiled hoses, 23-gallon capacity, rechargeable battery, and 10" flat-free tires.

#410782 60lbs. **\$1195**

## Sanitary Tablets

Sanitizes system and leaves no residue. FDA approved. 1 bottle contains 150 tablets.

#410457 2lbs. **\$12**



## Horizontal Power Model - G2

Large 55-gallon tank on an easy-to-navigate cart puts water where you need it. Features eight drinking stations, 10" flat-free tires, rechargeable battery, and battery charger. Shown with work shelf sold separately.

#410784 123lbs. **\$1595**



## Horizontal Chiller - G2

Add ice to the 100-quart cooler, connect your hose to a potable water source (hose bib), and you have a continuous supply of cool water. The ice cools the water as it travels through the coils in the cooler. Features eight drinking stations and 10" flat-free tires. (Hose not included).

#410783 115lbs. **\$1360**



## 8 Station A-Frame Drinking Tree

Hydrate eight athletes at one time with this economical, light-weight, corrosion-resistant system. Features individual shutoffs and adjustable pressure valve. Attach your hose for constant water. (Hose not included).

#410448 181lbs. **\$410**



## Pro Segment Timer

Includes 11" red & amber LED digits. The cabled version of this timer includes a separate cabled control console, while the wireless version includes a 2.4Ghz wireless remote system. A horn sounds the start and stop of periods. The pro version of this timer allows programming of 1-9 periods with 1-9 intervals in each period. Each interval within a period will have the same length and rest time. Dimensions are 20"h x 6'6"w x 6"d.

**Cabled Segment Timer Pro**

#410839 70lbs. **\$2230**

**Specify Cable Length**

#403784 **\$1/foot**

**Wireless Segment Timer Pro**

#410838 70lbs. **\$3215**

## Standard Segment Timer

This is the standard football practice timer with horn, and 11" red & amber LED digits. This timer contains controls on the side of the unit. Program 0-99 periods, all set for the same length of time. All rest periods to be programmed for the same length of time at 0-99 seconds. The wireless version includes a 2.4Ghz wireless remote system. Dimensions are 20"h x 6'6"w x 6"d.

**Standard Segment Timer**

#410578 70lbs. **\$1785**

**Wireless Standard Segment Timer**

#410577 70lbs. **\$2770**



## Interval Timer

Concentrate on coaching while the Interval Timer keeps your practice on schedule. Program up to 99 minutes with rest periods as long as 99 seconds each. Work periods are displayed and count up. Bright red, 11" LED numbers are visible up to 550 feet. Operates on 120V AC or optional battery pack (not included). One-year warranty. 20"w x 14"h x 6"d

#410559 30lbs. **\$985**

# Youth Tackling Sleds

## JV Pop-Up Tackle Maker

High School Freshmen and Junior High Run more players through your tackling station with the JV version of the Pop-up Tackle Maker. Once tackled to the ground, it returns to the upright position, ready for the next player.

#410455 130lbs. **\$1005** ● Blue only

Patents 5,090,696 and D466,963



## Youth Pop-Up Tackle Maker

### Sixth Grade and Younger

Even the smaller players can tackle this sled to the ground. Then it comes back up ready for the next player in line.

#410456 110lbs. **\$875** ● Red only

Patents 5,090,696 and D466,963



# JV LEV Sled



Players must learn to break the stalemate then they can leverage the pad.

## JV Lev Sled

### Sixth through Ninth Grades

Teach the latest leverage blocking technique just like in the upper levels of football. The JV Lev Sled also gives you the ability to teach the traditional blocking methods with the no-tools lock-down pad mechanism.

The JV Lev Sled is scaled to players in sixth through ninth grades. Improve your players' skills with drills taking advantage of all the same features as our larger Lev Sled – the most widely used sled in football today. See pages 6-9 for more details.

Patent 5,464,472



### EXCLUSIVE LEV ACTION

Unique release mechanism allows the pad to be raised only after the ram has been compressed at least 4" helping develop proper drive technique.

### Youth Sled Outriggers



#402764 110lbs. \$210

### Coach's Platform



#411309 58lbs. \$280

### 7-MAN JV Lev Sled™

#410567 1219lbs. 21'w **\$5900**

### 6-MAN JV Lev Sled™

#410566 1038lbs. 18'w **\$5095**

### 5-MAN JV Lev Sled™

#410565 857lbs. 14'w **\$4300**

### 4-MAN JV Lev Sled™

#410564 676lbs. 11'w **\$3515**

### 3-MAN JV Lev Sled™

#410563 495lbs. 7'w **\$2710**

### 2-MAN JV Lev Sled™

#410562 314lbs. 4'w **\$1905**

### 1-MAN JV Lev Sled™

#410561 219lbs. **\$1100**

### JV Lev Sled™ Add-On Unit

#410619 328lbs. **\$830**

Specify pad color



- RED
- PURPLE
- BLUE
- GREEN
- ORANGE

# JV MOD Sled



<b>7-MAN JV Mod Sled™</b>	#411327 1223lbs. 21'w	<b>\$4465</b>
<b>6-MAN JV Mod Sled™</b>	#411326 1044lbs. 18'w	<b>\$3925</b>
<b>5-MAN JV Mod Sled™</b>	#411325 865lbs. 14'w	<b>\$3350</b>
<b>4-MAN JV Mod Sled™</b>	#411324 686lbs. 11'w	<b>\$2710</b>
<b>3-MAN JV Mod Sled™</b>	#411323 507lbs. 7'w	<b>\$2055</b>
<b>2-MAN JV Mod Sled™</b>	#411322 328lbs. 4'w	<b>\$1405</b>
<b>1-MAN JV Mod Sled™</b>	#411321 220lbs. 4'w	<b>\$1035</b>
<b>JV Mod Sled™ Add-On Unit</b>	#410617 180lbs.	<b>\$740</b>

## JV Mod Sled

### Middle School, Junior High and High School Freshmen

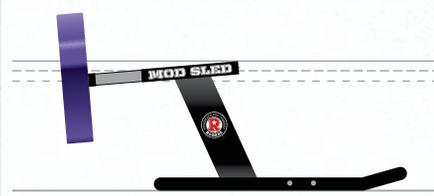
The JV Mod Sled helps you teach blocking fundamentals at a value price. It is a scaled-down version of our popular Mod Sled.

With its ground-hugging framework you can run the defense between the Sled's stations for pass-rush drills and the offense through to set up screen passes. For more information on the Mod Sled, check out pages 10-13 and request our free training DVD.

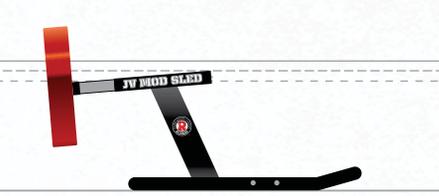
**JV Mod Sled pad styles & pad colors.**

<b>BIG BRUISER</b>	<b>D-PAD</b>	<b>T-PAD</b>	<b>SHOCK PAD</b>	<b>SURGE PAD</b>
<ul style="list-style-type: none"> <li>● YELLOW</li> <li>● ORANGE</li> <li>● RED</li> <li>● PURPLE</li> <li>● BLUE</li> <li>● GREEN</li> <li>● NAVY</li> <li>● BLACK</li> </ul>	<ul style="list-style-type: none"> <li>● RED</li> <li>● BLUE</li> </ul>	<ul style="list-style-type: none"> <li>● YELLOW</li> <li>● ORANGE</li> <li>● RED</li> <li>● BLUE</li> <li>● GREEN</li> </ul>	<ul style="list-style-type: none"> <li>● YELLOW</li> <li>● ORANGE</li> <li>● RED</li> <li>● PURPLE</li> <li>● BLUE</li> <li>● GREEN</li> <li>● NAVY</li> <li>● BLACK</li> </ul>	<ul style="list-style-type: none"> <li>● YELLOW</li> <li>● ORANGE</li> <li>● RED</li> <li>● PURPLE</li> <li>● BLUE</li> <li>● GREEN</li> <li>● NAVY</li> <li>● BLACK</li> </ul>

**Mod Sled** (shown on pages 10-13)  
2-Man weight = 415lbs.



**JV Mod Sled**  
2-Man weight = 328lbs.



# Youth MOD Sled



## Youth Mod Sled

### Seventh Grade and Younger

The Youth Mod Sled is a scaled-down version of our famous Mod Sled, ideal for drilling fundamental blocking skills in players in seventh grade and younger. Our low-to-ground connecting links allow you to run players through the sled after blocking the pad.

Teach the offensive line shoulder blocks and base blocks. With the defense work on separation, line charge, and rip, swim, and spin moves.

### Youth Mod Sled pad styles & pad colors.



JV SHOCK PAD

- ORANGE
- RED
- PURPLE
- BLUE
- GREEN



T-PAD

- ORANGE
- RED
- BLUE
- GREEN



Both the JV Mod Sled (on previous page) and the Youth Mod Sled are modular to add variability to your practice by reconfiguring your larger sled into multiple, smaller sleds.

### 7-MAN Youth Mod Sled™

#411337 1020lbs. 21'w **\$3800**

### 6-MAN Youth Mod Sled™

#411336 885lbs. 18'w **\$3240**

### 5-MAN Youth Mod Sled™

#411335 745lbs. 14'w **\$2680**

### 4-MAN Youth Mod Sled™

#411334 555lbs. 11'w **\$2130**

### 3-MAN Youth Mod Sled™

#411333 420lbs. 7'w **\$1565**

### 2-MAN Youth Mod Sled™

#411332 285lbs. 4'w **\$1035**

### 1-MAN Youth Mod Sled™

#411331 220lbs. 4'w **\$915**

### Youth Mod Sled™ Add-On Unit

#410618 180lbs. **\$590**

### Youth Mod Sled

2-Man weight = 285lbs.



### Youth Sled Outriggers



#402764 110lbs. **\$210**

### Coach's Platform



#411309 58lbs. **\$280**

# Youth Dummies



## Rocket Pop-Up

Develop aggressiveness and safe mastery of the blocking and tackling skills needed for victory. The Rocket comes to its feet after every hit, freeing players from holding or righting standard dummies. Foam filled; navy only; 48" h

#410350 60lbs. **\$500**  
**SAVE** on set of four \$1908



## Lil' Round

Foster game-winning skills with form tackling, drive blocking, and board drills. One-year warranty. Red only. 14" dia x 52" h

#410300 10lbs. **\$140**  
**SAVE** on set of six \$768

## Lil' Sweep

Protect players as they learn to react to one-on-one movement. Three handles facilitate realistic movement by the holder. Red or blue. 16" w x 24" h x 4" d

#410465 3lbs. **\$100**  
**SAVE** on set of six \$522



## Lil' Stunt

Train proper use of hands during run and pass blocking on the realistic aim points resembling an opponent. Red or blue. 20" w x 24" h x 4" d

#410378 5lbs. **\$110**  
**SAVE** on set of six \$588

## Lil' Scoop

Slight curve helps players maintain a low fit and develop proper leverage. Red or blue. 16" w x 26" h x 4" d

#410461 3lbs. **\$100**  
**SAVE** on set of six \$522



## Youth Agile

Improve quickness, agility, balance and coordination skills. Watch players for fluid motion, shoulders over knees, arms moving and eyes on you. Youth Agile's slanted sides and urethane foam core safely build confidence to play over traffic without looking at feet. Wide base eliminates repositioning after every drill. 12" w x 6" h x 41" l

#410388 3lbs. **\$120**  
**SAVE** on set of six \$648

ORANGE ONLY

## Tackle Smart Bag

Tackle smarter by forcing the player to focus on shooting his hands through the arm holes, causing the eyes to follow, which results in better head placement. The crown divider, even when approached head on, forces the players head out of the contact zone.

#410823 10lbs. **\$170**  
**SAVE** on set of four \$630

Patent pending



Tackle Smart Bag is the official tackle dummy of the

# Youth Chutes



## Youth PowerBlast

Train running backs to strengthen leg drive, quicken acceleration, and firm the grip on the ball. Arm heights and tension adjust to your player level. More details on pages 24-25.

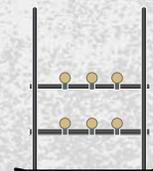
### Specify Hanging Dummy Color:

● YELLOW ● ORANGE ● RED ● BLUE ● GREEN

### 12-Arm PowerBlast Youth

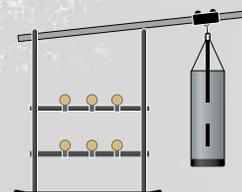
As shown on left

#410421 591lbs. \$2330



### 12-Arm PowerBlast Youth with 50 lb. Hanging Dummy

#410458 776lbs. \$3200



## Youth Chute

Drill staying low while firing off the ball and giving the dummy an explosive hit. Adjust height from 36" to 46". (Dummies not included).

### 7-MAN Youth Chute

#410637 477lbs. \$1550

### 5-MAN Youth Chute

#410339 278lbs. \$1230

### 3-MAN Youth Chute

#410338 179lbs. \$825

### 2-MAN Youth Chute

#410337 129lbs. \$610

### 1-MAN Youth Chute

#410336 89lbs. \$400

### Youth Chute Add-On Unit

#410349 64lbs. \$370

# Indoor Sleds

“The Rogers’ Tred Sled has been a tremendous addition to our strength and conditioning equipment. The Tred Sled allows us to reinforce proper technique, while at the same time develop speed, power, and explosiveness.”

— Eric Methner – Head Football Coach  
Midland High School – Michigan

- MEASURE:**
- Drive Distance
  - Reaction Time
  - Generated Force



## Tred Sled

The Tred Sled combines a one-man sled and tethered-sled pulling with interactive treadmill technology. Training in groups of up to six, the Tred Sled transforms workouts into competitions, challenging athletes to outperform themselves and their teammates.

### How it works:

- ★ Athletes drive non-motorized tread while breaking system resists movement.
- ★ Electronic package measures response time, impact force, and distance.
- ★ Control number of players, duration of work, rest time and repetitions.
- ★ Computer reports individual performance and ranks for competition.

### Benefit on game day:

- ★ Player develops ability to apply large amounts of force in blocking and/or tackling positions.
- ★ Player improves ability to recover quickly between plays.
- ★ Player increases acceleration.

Price includes a sprint harness and our Shock Pad.

#410390 930lbs. **\$6655**  
or two annual payments of \$3328

One-year warranty. Patents #6575879 and #7063647



- |          |         |
|----------|---------|
| ● YELLOW | ● BLUE  |
| ● ORANGE | ● GREEN |
| ● RED    | ● NAVY  |
| ● PURPLE | ● BLACK |

Non-motorized resistance tread allows player to practice accelerating.



### Jam Bags

Develop quick hands for the punch. Strengthen elbows for pass protection technique. Excellent upper-body workout while honing footwork and balance. Save on shipping – fill the bag with sand yourself.



● NAVY ONLY

<b>25lb.</b> 16" x 24"			
Empty	#410483	3lbs.	<b>\$65</b>
Filled	#410478	28lbs.	<b>\$80</b>
<b>35lb.</b> 16" x 24"			
Empty	#410484	3lbs.	<b>\$65</b>
Filled	#410479	38lbs.	<b>\$80</b>
<b>50lb.</b> 16" x 29"			
Empty	#410485	3lbs.	<b>\$65</b>
Filled	#410480	53lbs.	<b>\$90</b>
<b>75lb.</b> 16" x 34"			
Empty	#410486	4lbs.	<b>\$65</b>
Filled	#410481	79lbs.	<b>\$90</b>
<b>100lb.</b> 16" x 34"			
Empty	#410487	4lbs.	<b>\$80</b>
Filled	#410482	104lbs.	<b>\$100</b>

### Lev Sled Indoor Mount

For off-season conditioning, Lev Sled Indoor Mount bolts to the floor. Surge or Shock Pad (your choice) has "arm pit" aiming points. Includes special-edition Lev head with hydraulic shock that realistically resists the player's effort to lift the pad. Mounting hardware not included.

**Lev Sled Indoor Mount**  
#410404 155lbs. **\$1015**



### Heavy Core Bag

This bag will complement your strength training on and off the field. The multi-grip handle locations will allow you to do an unlimited series of exercises to develop explosive movements and build core strength. This bag can be used for single or team lifting drills. The molded core stabilizes the weight so you can do lifts and tosses without damaging your facility or the bag.

#410726 50lbs. **\$365** ● BLUE ● GREEN  
#410727 75lbs. **\$425** ● RED ● NAVY



### Team Six Trainer

Strength training without having to go back into the gym is advantageous in many situations. This 6 position chin/dip station offers three pull up stations and 3 dip stations in one unit. Can be used indoor or outdoor.

#410825 345lbs. **\$1425**



### Wall Mount Dip

Attaches to any masonry wall or column. Strong, stable dip that saves space by folding away when not in use.

#410658 60lbs. **\$335**

### Indoor Lev Station

Sharpen blocking techniques and build upper body strength in the off-season. A special-edition Lev Sled is attached to a platform for year-round training, and fits easily in your weight room in a space 10'9" x 4'. Push the pad back five inches or more, at which point the Sled unlocks, then roll the hips and lift the pad (for more information on the benefits of the Lev Sled, see pages 6-9).

On this special-edition Lev Sled, resistance from a hydraulic shock absorber forces the player to use upper body strength to leverage the pad. The shock then returns the pad at a controlled speed, ready for the next player to engage. Includes Surge or Shock Pad.

**Indoor Lev Station**  
#410391 630lbs. **\$1985**  
or two annual payments of \$993



Hydraulic shock resists player's effort to leverage the pad and softens the pad's return to the ready position.



# Speed & Power



## Drive Sled

The only drive sled that puts your hands in the correct inside position for training stamina, quickness and power. 66" long.

[www.RogersAthletic.com/drivesled](http://www.RogersAthletic.com/drivesled)

#410588 121lbs. **\$650**  
Purchase five or more for \$620 each

V-line included, harness not included

**V-Line Harness**  
#405423 **\$25**

Patent #D606 6115

## Rogers Speed Pulling Harness



#410686 2lbs. **\$100** V-line not included

## Rogers Speed Sled

The best speed sled on the market. Ergonomic handle prevents wrist strain. Train speed and acceleration by pulling with optional harness. Increase resistance by adding additional weight plates to the built-in weight horn.

#410650 23lbs. **\$190**  
V-line included, harness not included



# Weight Room Accessories

## Kettle Bells

A complete range of kettle bells are available from Rogers. We can match the weight and design that fits your training style best.



## Olympic Bars

Rogers offers a wide variety of weight bars from Olympic to power bars. We offer a wide range of bars for all of your different types of lifts. Specialty bars and fat grip bars also can be supplied by Rogers.



## Medicine Balls

Complete your training with our full lineup of medicine balls. Choose from a variety of styles, diameters, textures, and weights.



## Weight Plates

Weight plates and bumper plates are available in many different styles from all the major manufacturers including Troy, Ivanko, Intek, and Eleiko.



## Dumbbells

Rogers provides the right dumbbell for your facility and training needs. Choose from premium urethane, rubber encased, or basic steel in traditional hex style or oval plate.





### Rogers Attack Arch™

Train ball carriers to keep their center of gravity and pad level low to break tackles, plant and make the cut after clearing the line. Rogers Attack Arch™ is infinitely adjustable from 48" to 55". Folds Flat to roll on and off the field and store small.

#410681 12lbs. **\$240**  
**SAVE** on 4 or more \$230 each



### Rogers Sling Shot Break Away

Develop strong explosive starts. The trail runner gives the lead runner resistance then rips the cord releasing the lead runner into a full explosive zip sprint.

#410698 1lb. **\$45**



### Rogers Sling Shot 2 Person Trainer

Great for training change of direction drills and to develop acceleration, agility, and range of motion. Two players work together. The lead player sprints stretching the Lightning Cord creating resistance. As the lead player gets about 15 yards ahead, the trail player goes from a slow jog to a full sprint toward the lead player. The stretched cord pulls the trail player faster than their normal run. The over-speed training increases stride length and a faster rate of motion. The 20' Lightning Cord with SST (Safety Speed Technology) stretches up to 60'.

**Pro** #410683 4lbs. **\$110**  
**Heavy** #410684 4lbs. **\$100**  
**Standard** #410685 4lbs. **\$90**



### Rogers Lineman Trainer

Train your players to keep a proper base by allowing them to feel the resistance. Great for lateral walks, shuffles, slides and pass blocking drills. When you step in a direction, the cord stretches forcing the trail foot to follow.

**Pro** #410691 2lbs. **\$50**  
**Heavy** #410692 2lbs. **\$40**  
**Standard** #410693 2lbs. **\$35**



### Rogers Game Saver Kicking Trainer

Add distance to your kicks! The Kicking Trainer is a very effective tool for developing your kicker's velocity and power.

**Pro** #410695 2lbs. **\$45**  
**Heavy** #410696 2lbs. **\$40**  
**Standard** #410697 2lbs. **\$35**

### Rogers SpeedStation

Run high intensity, highly efficient workouts and drills that improve speed, agility, explosion, vertical jumping and endurance. Used today in coaching youth athletics, high school, college and pro team sports, including football, basketball, baseball, volleyball, soccer and others.

**Standard Kit** #410809 30lbs. **\$1225**

Deluxe kit includes: (1) mule pull, (2) side step bungees, (12) marker domes, (1) 110' ladder, short hurdles, and (1) 8lb medium ball.

**Deluxe Kit** #409173 45lbs. **\$1630**



### Rogers Sling Shot 2 Person Proximity Trainer

Used mainly for short bursts and lateral quickness drills, the Sling Shot Proximity Trainer develops quickness, resistance, acceleration, agility, over speed, and range of motion. The 4' cord stretches out to 16'.

**Pro** #410687 2lbs. **\$60**  
**Heavy** #410688 2lbs. **\$55**  
**Standard** #410689 2lbs. **\$50**

# Pendulum Strength

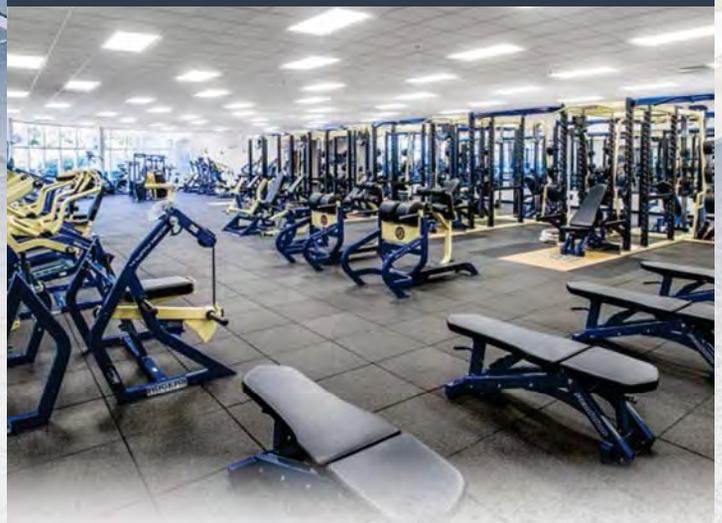
University of Michigan



Western Michigan University



St. John's Jesuit High School, OH



# Pendulum Racks



**Basic Rack**



**Dual Rack**



**Full Rack**



**Mega Rack**



**Mega Rack Pro**



**Big Iron Rack**



# Pendulum Machines



Reverse Glute Ham



Power Grip Pro



5-Way Neck



4-Way Neck



Vertical Chest Press



# GET STRONG!

Contact Rogers for our full strength catalog or visit [www.RogersAthletic.com](http://www.RogersAthletic.com)

Shoulder Incline



Lat Combo Pull



3-Way Row



Power Squat Pro



Seated Squat Pro



Leg Extension



Prone Leg Curl



Hip Press



Glute Ham



2016

*Pendulum*  
STRENGTH  
CATALOG



# Contents



# Pendulum Weight Rooms

University of Michigan





Michigan State University



Hallsville High School, TX



Mississippi State University



# Pendulum Racks



# MAXIMUM STRENGTH & PERFORMANCE.

The rock solid base you need for real training. Our industry leading designs use only premium grade material.



## 7-GAUGE, 3" x 5" UPRIGHTS

Patented cutout design provides an easy to use interface for our complete line of supplementary training attachments.



## OPTIONAL CUSTOM FEATURES

Maximize rack training potential with a wide host of custom features. Everything from rack bridging and accessories, to colors and laser cut branding.



## LOCK AND LOAD HOOKS

- Cycle tested to 40,000 loaded reps.
- Precision standoff to avoid bar contact with upright.
- One hand trigger release.
- High density molded urethane surface prevents knurling wear.

# Rack Features



**Storage Weight Horns**  
Come standard on all racks.

**Horizontal Cross Braces**  
Every Pendulum Rack features 2" x 4" cross braces. These braces are the largest in the industry and provide the ultimate in strength and durability.

**GRIP KNURLING**  
All pull up bars feature our non slip knurling.



**Unique Safety Bars**  
Our Safety Bars are built from 7-gauge steel and coated with an impact modified high density rubber.

**Olympic Lift Platform (Optional)**  
Engineered solid hardwood flooring. Framed with a full steel tube. Can be added to one or both sides of a rack.

**AUTO-LEVELING BASE**  
Base frame is constructed from 2.5" x 3.5" 7-gauge steel tubing with access points to anchor units to floor.

Shown with optional features

# Rack Systems

**Basic Rack**



**#410840**  
120"l x 85"w x 115"h

**Dual Rack**



**#410708**  
120"l x 85"w x 115"h

**Full Rack**



**#410841**  
120"l x 85"w x 115"h

**Mega Rack**



**#410709**  
120"l x 85"w x 115"h

**Mega Rack Pro**



**#410710**  
120"l x 85"w x 115"h

**Big Iron Rack**



**#410802**  
120"l x 85"w x 115"h

# Rack Accessories

## Docking Utility Bench

Our innovative, user-friendly Utility Bench provides unmatched stability with the highest possible lifter comfort. The wider seat and back provides greater support during lifting, while the double frame offers a superior, wobble-free experience.

An optional tongue, installed in your Pendulum Rack allows easy bench docking.

The Utility Bench adjusts from 0 to 80 degrees in a flash and can be rolled around easily with one hand. Great for use in and out of the rack.



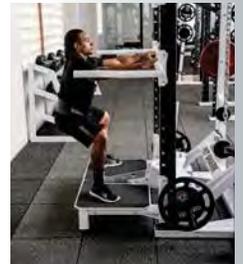
## Olympic Lift Platforms

Complete the look of your facility and protect your flooring with Rogers Hardwood platforms which are engineered solid hardwood flooring, framed with a full steel tube. The free standing Olympic lift platforms allow you to perform different movements without interfering with other lifts being performed in the rack.



## Pit Shark®

More than just a squat attachment, the Pit Shark Belt Squat allows you to complete a variety of exercises, including: squats, dips, chins, pulling movements, calf raises and more. Get proven results with a real squat movement while deloading the spine.



#410711

## Rotating Chin Handles



This adjustable pull up bar provides free spinning handles as well as adjustable width.

#410832

## Step Up Platform

Durable non-skid surface that easily adjusts on face of rack. Quickly change the dynamic of your exercise.

#405551





**Rotational Core Developer**

Perform a variety of rotational exercises to develop a strong core. Attaches easily to the posts at a height convenient for each athlete.

#410750



**Rope Pull**

Adjustable on the rack to accommodate all athletes. It rotates 90 degrees providing high, low, and lateral pulling. Fits all ropes up to 2" in diameter.

#410766



**Mono Post Dip Bar**

Train your shoulders, deltoids and triceps on a station built to fit all athletes. Ergonomic design fits every athlete just right. Adjustable on the rack to ensure the right height.

#410733



**Monster Incline Arms™**

Complete various ground based training exercises. Lower the arms for lunges, shrugs and twist movements. Set the arms toward the top for shoulder work and to develop explosive drive. Perform more workouts in less space.

#410513

Patents #7641602, #7918771, #8147390, #D550790 and #D550791



**Spotter Platforms**

Ensure your athletes are safe and in proper position to spot. These generous platforms accommodate all players, yet do not interfere with the bench location. When not in use the platforms can be locked upright out of the way.

#410826, #410827

Patent #7878958



**Adjustable Chin Up**

Use the power rack chin up bar for performing pull ups to strengthen the shoulders, shoulder girdle, and arms. The self engaging bar attached at a height convenient for your athletes.

#410734

Patent #D554209



**Squat Assist Handles**

Attaches to any Pendulum rack. Use with Safety Squat Bars or while teaching safe squat techniques.

#405335



**Band Attachments**

Allow athletes to use strength bands to increase controlled resistance during exercise. Easily adjust band rod to center resistance based on athlete's position. No tools needed as locking push pin can be easily released.

#410643



**Technique Tray**

The perfect solution for Olympic lifting with the Pendulum Rack. The beveled design keeps your bar in position without extra movement.

#410520

# Pendulum Machines





# MAXIMUM TRAINING RESULTS

Maximize your training results through engineered efficiency



## PRECISION STRENGTH CURVE

Engineered strength curves for maximum results.



## ACCOMMODATES TO DIFFERENT HEIGHTS

Tested from 4'9" to over 7" tall athletes.



## SET EXTENSION TECHNOLOGY

Equipped with range limiting capabilities.

## SAFETY

Train with confidence surrounded by safety features including lockouts, range limiters, non-skid foot pads, and dead stops.

# 5-Way Neck

**(A) FACE PAD**

Ergonomically designed face pad covered with soft anti-microbial material.

**(B) PLATE STORAGE**

Four optional storage horns available.

**(C) ADJUSTABLE SEAT**

Seat height adjusts for various size athletes and for types of exercises.

**(D) ROTATING CAM (WITH S.E.T.)**

Cam matches strength curve technology to the athletes strength and allows adjustment in range of motion.

**(E) SHRUG HANDLES**

Independent movement shrug handles with convenient multi-position drop-down handles.



The Pendulum 5-Way Neck is unique in that it not only targets the neck in four distinct directions, but also can be used to specifically exercise the supporting musculature of the head.

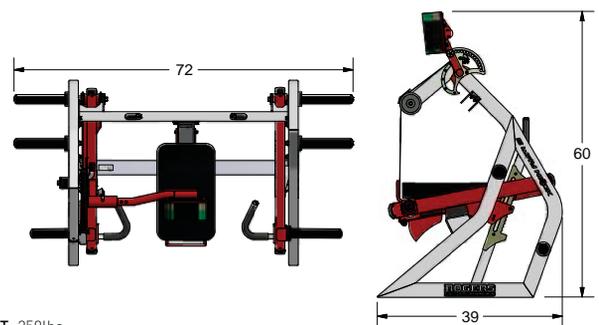
Integrated into the same machine is a trap station. The trap station allows you to train the large diamond shape trapezius muscle either unilaterally or bilaterally. A unique cam and lever system reduced the shrug weight so that you can train from station to station without excessive weight changes.

Training the head and neck muscles from multiple positions is an important component to any serious strength training program. The integrated S.E.T. cam provides "18" different settings for athletes, 4 of which specifically target the muscles that nod and tilt the head.

## Specifications



Suboccipital Triangle Longus Coli, Longus Capitis, Rectus Capitis Anterior, Sternocleidomastoid, Scalene, Trapezius, Semispinalis, Splenius



WEIGHT: 250lbs.

# 4-Way Neck

**(A) FACE PAD**

Ergonomically shaped face pad has multi-level foam pad covered with soft anti-microbial material.

**(B) PLATE STORAGE**

Four optional storage horns available.

**(C) ADJUSTABLE SEAT**

Seat height adjusts for various size athletes and for types of exercises.

**(D) ROTATING CAM (WITH S.E.T.)**

The ergonomically designed Pendulum Cam matches the strength curve of the athletes musculature and is adjustable. By varying the desired degrees of motion with the S.E.T. (Set Extension Technology) system you can target specific areas of the head and neck for training and rehabilitation.



Like the 5-Way Neck the Pendulum 4-Way Neck machine allows you to reach a level of neck training not achievable on other neck machines available in today's market. The 4-Way Set Extension Technology (S.E.T.) takes you through a variety of movement ranges.

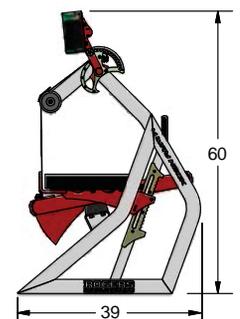
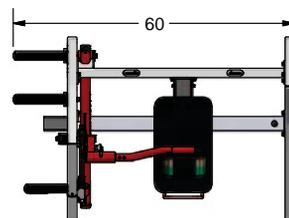
Not only can an athlete train the neck in four distinct directions, but the athlete can also train the supporting musculature of the head simply by adjusting the cam setting.

The integrated S.E.T. (Set Extension Technology) cam provides 18 different settings.

## Specifications



Suboccipital Triangle Longus Coli, Longus Capitis, Rectus Capitis Anterior, Sternocleidomastoid, Scalene, Trapezius, Semispinalis, Splenius



WEIGHT: 265lbs.

# Vertical Chest Press

## (A) ADJUSTABLE SEAT DESIGN

Adjustable for all athletes, our seat design allows the athlete to adjust the exercise and change the amount of shoulder involvement for training variations.

## (B) S.E.T. (SET EXTENSION TECHNOLOGY)

Allows you to go to failure quickly and safely in a variety of positions.

## (C) ERGONOMIC HANDLES

Provide maximum elbow relief.



The Pendulum Vertical Chest Press was created to maximize the stimulation to the pectoral muscles, while minimizing the impact to the shoulder joint.

We achieve this by creating a very unique strength curve that maintains tension on the chest, while simultaneously placing the body and its appendages in the perfect pressing position.

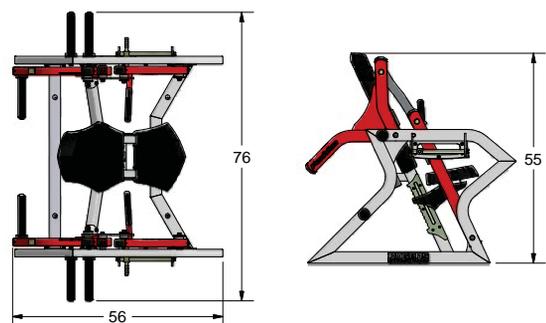
The handles move independently, so balanced strength gains are achieved and weaknesses can quickly be corrected.

There is nothing on the market that will develop chest driving power like the Pendulum Vertical Chest Press!

## Specifications



Pectoralis Major, Anterior Deltoid, Triceps Brachii Medial and Long Head



WEIGHT: 425lbs.

# Shoulder Incline



**(A) INDEPENDENT MOVING ARMS**

Provide a variety of movement and exercises.

**(B) ADJUSTABLE SEAT**

Allows athlete to adjust to his or her biomechanically correct position.

**(C) S.E.T. (SET EXTENSION TECHNOLOGY)**

Allows you to go to failure quickly and safely in a variety of positions.

**(D) CONVENIENT STORAGE HORNS**

On board weight storage to help manage your weight plates.

The Pendulum Shoulder Incline is two excellent & unique machines in one. It is a space saver. Not only is it a tremendous shoulder and chest developer but there is no better rehabilitative tool. The Shoulder Incline is completely unique to the industry and makes overhead pressing possible to many who would otherwise not be able to perform this movement. This machine adjusts to the lifter's body type and his or her preferred range of motion.

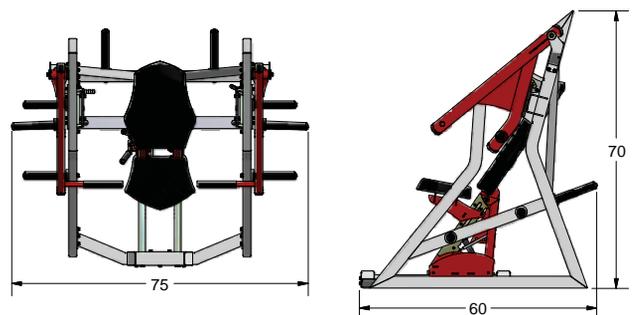
The Shoulder Incline machine allows the shoulder to function naturally. As you lift your arms upward, the arm begins to travel up and forward during the pressing movement. Being able to maintain this natural pressing position allows for continuous tension on the targeted musculature.

The seat is fully adjustable. By quickly changing the seat settings and adjusting the handle starting position the shoulder press becomes an incline chest press.

## Specifications



Deltoid, Medial Deltoid, Pectoralis Major, Anterior Deltoid, Tricep Brachii Medial and Long Head



WEIGHT: 424lbs.

# Lat Combo Pull



**(A) ADJUSTABLE THIGH RESTRAINT**

Quickly locks lifter in place minimizing movement.

**(B) CONVENIENT STORAGE HORNS**

On board weight storage to help manage your weight plates.

**(C) INDUSTRIAL SIZED BEARINGS**

Allow for reduced drag and precision strength curves.

**(D) INTERCHANGEABLE HANDLES**

Three standard handles are provided with easy to use push button release.

1. Underhand grip
2. Short rotating handle
3. Extended rotating handle

Additional handles are available.

The Lat Combo Pull provides numerous ways to train the back from different angles, different hand positions, and different grips.

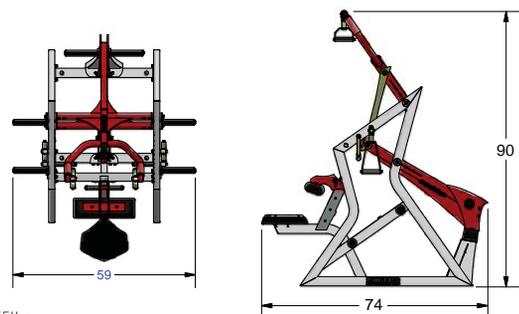
One of the best ways to train the back of an athlete is with pull-ups. Coaches utilize countless ways to modify the pull-up with grip variations; underhanded, overhand wide, narrow, towel grips, thick grips etc.

The Lat Combo Pull allows an athlete to train with a weight that is less, or greater, than their own bodyweight so that their training can now be progressive, measurable and meaningful.

Our unique pull-down system and variety of interchangeable handle combinations gives an athlete an arsenal of training tools for their specific programs.

### Specifications

**UNDERHAND GRIP** Latissimus dorsi, Teres major, Pectoralis Major, Biceps Brachii, Brachialis, Lower Trapezius — **OVERHAND GRIP** Latissimus Dorsi, Rhomboid Major, Teres Major, Brachialis, Biceps Brachii



WEIGHT: 455lbs.

# 3-Way Row

**(A) INDEPENDENT MOVING ARMS**

The freedom to train your arms together or independently.

**(B) ADJUSTABLE SEAT AND ARMS**

Allow all users to fit the machine to their sizes and need.

**(C) MULTIPLE HAND POSITIONS**

Three separate hand positions allow the user to target muscle stimulation.

**(D) S.E.T. (SET EXTENSION TECHNOLOGY)**

S.E.T. range limiter allows intense training through a variety of ranges.

**(E) ROTATING VERTICAL HANDLES**

To maximize muscular tension during the rowing movement, it is necessary for the vertical handles of a row machine to rotate during the exercise.



Training the upper back is a fundamental part of strength training.

The muscles that make up what we refer to as the “back” are complex and perform a variety of movements in connection with the upper arms. The primary function is to pull the arms back from an extended position either down or in.

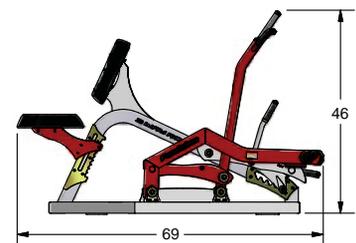
To more precisely target different areas of the back, we have created a machine that emphasizes the three main hand positions, underhand, overhand, and neutral.

By using a fixed hand position, the strength trainer dictates which protocol his lifters are using, therefore creating a more measurable training protocol, which is key to effective training.

**Specifications**



**UNDERHAND GRIP** Latissimus dorsi, Teres major, Pectoralis Major, Biceps Brachii, Brachialis, Lower Trapezius — **OVERHAND GRIP** Latissimus Dorsi, Rhomboid Major, Teres Major, Brachialis, Biceps Brachii



**WEIGHT:** 325lbs.

# Power Squat Pro

**(A) PATENTED FLOATING YOKE**

Allows for free-weight feel.

**(B) TOP AND BOTTOM LOAD POSITIONS**

For optimal strength training, target hip/glutes when top loaded and quads when bottom loaded.

**(C) S.E.T. (SET EXTENSION TECHNOLOGY)**

Allows you to go to failure quickly and safely in a variety of positions.

**(D) NON-SKID FOOTPLATE**



The Power Squat Pro was designed to capture all the muscle stimulation of a free weight squat while minimizing the dangers and risks associated with this movement. Many athletes have great difficulties due to biomechanical weaknesses, injuries, irregular limb lengths, as well as hand, forearm, or casting issues that do not allow the grasping of a bar. The Power Squat Pro is the solution.

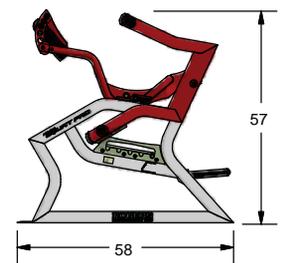
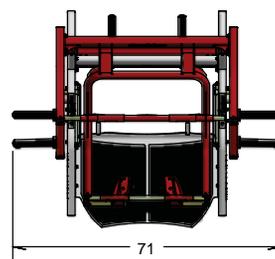
The patented floating yoke allows lifters of all sizes and limb lengths to position their bodies into a biomechanically correct position. The floating yoke allows the lifter to place their feet where needed without the problem of falling forward from trying to balance the load.

Knees can stay in a healthy position without excessive strain and athletes can position themselves to minimize strain on the lower back.

**Specifications**



Gluteus Maximus, Gluteus Medius, Rectus Femoris, Vastus Laterals, Vastus Medialis, Vastus Intermedius



WEIGHT: 490lbs.

# Seated Squat Pro

**(A) EXTRA-WIDE FOOTPAD**

Train multiple foot positions, changing muscle emphasis.

**(B) INDEPENDENT MOVEMENT**

Freedom to move from fused double leg press to single leg independent action.

**(C) S.E.T. (SET EXTENSION TECHNOLOGY)**

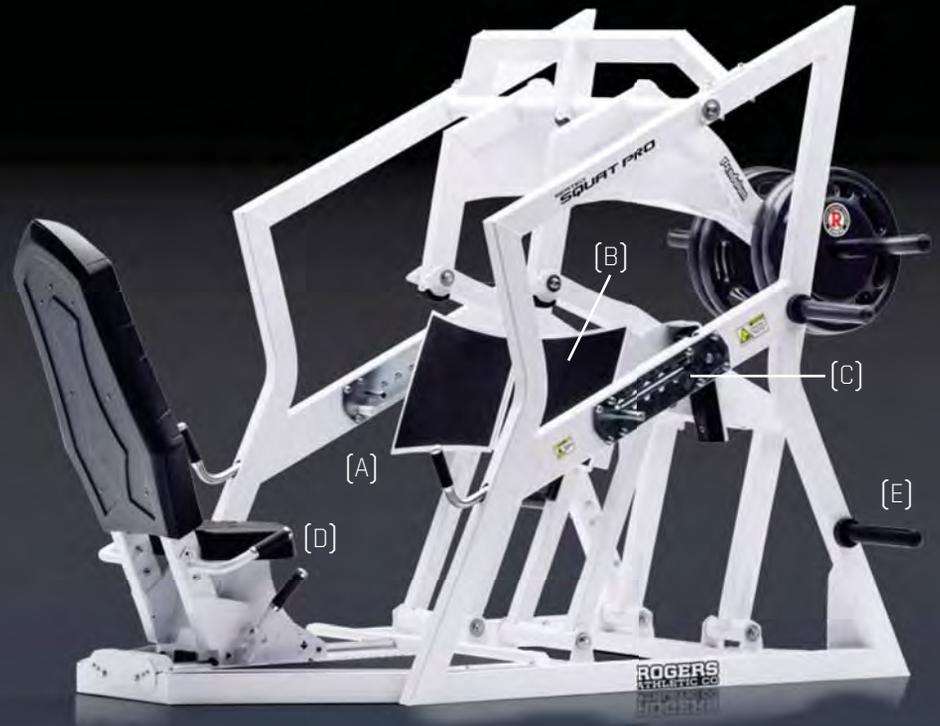
Allows you to go to failure quickly and safely in a variety of positions.

**(D) ADJUSTABLE SEAT**

18 different seat settings to allow athletes of all sizes to train in comfort.

**(E) CONVENIENT STORAGE HORNS**

On board weight storage to help manage your weight plates.



The Pendulum Seated Squat was created to meet coaches' requests for a way to train the legs independently with maximum loads. A multiple linked footpad carriage gives it a path that is somewhat downward in direction. This unique linkage maintains a consistent foot angle for knee and ankle relief making this a great training or rehab tool.

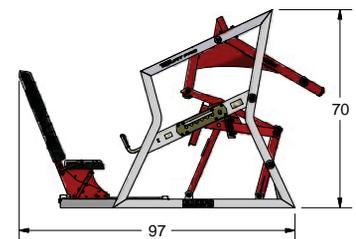
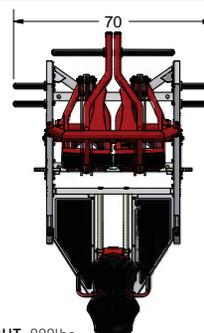
The strength curve on this machine intensifies the amount of tension placed on the quadriceps and unlike other machines activates the vastus medialis so it truly exercises the entire quadricep muscle.

S.E.T. (Set Extension Technology) - On the side of the seated squat is an adjustable stopper which controls the depth of movement. This can be used when training injured athletes who do not have full range of motion, or to safely train athletes with poor flexibility. This can also be used for variable range training which can be very intense.

**Specifications**



Gluteus Maximus, Gluteus Medius, Rectus Femoris, Vastus Laterals, Vastus Medialis, Vastus Intermedius



WEIGHT: 900lbs.

# Leg Extension



**(A) ADJUSTABLE SEAT**

Seat back is adjustable to accommodate a wide variety of athletic sizes.

**(B) S.E.T. (SET EXTENSION TECHNOLOGY)**

Adjustable range limiter for use in rehab or training through various ranges of motion.

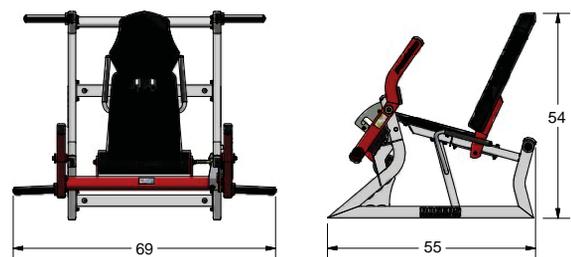
The Pendulum Leg Extension is one of the most efficient ways to isolate the quadriceps. With our unique strength curves and adjustable range of motion, we have created a machine that maximizes the benefit of the extension movement while minimizing the impact to the knee.

The ability to completely control the range of motion throughout the rep, makes this a powerful tool in your training protocol.

## Specifications



(Quadriceps) Rectus Femoris, Vastus Lateralis, Vastus Medialis



WEIGHT: 359lbs.

# Prone Leg Curl

**(A) ADJUSTABLE CALF ROLLER**

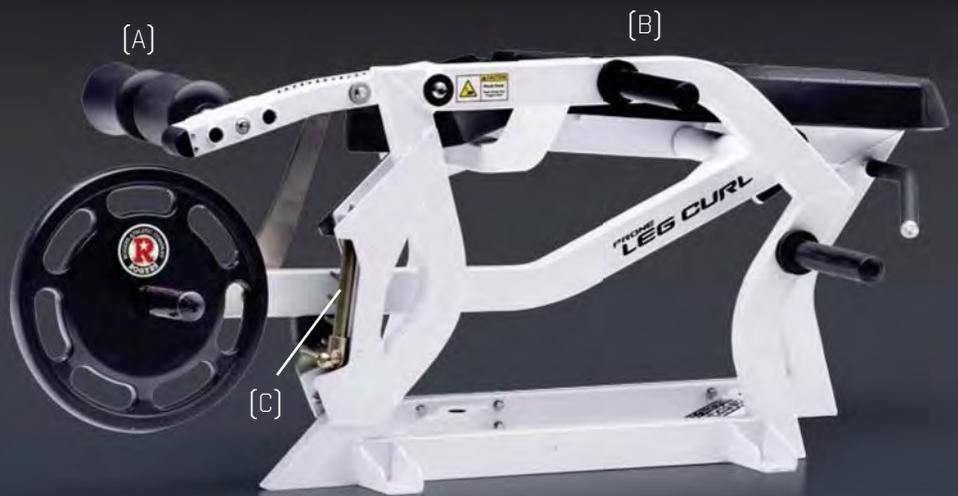
Designed to accommodate all athletes regardless of size.

**(B) CONVENIENT STORAGE HORNS**

On board weight storage to help manage your weight plates.

**(C) S.E.T. (SET EXTENSION TECHNOLOGY)**

Adjustable range limiter for use in rehab or training through various ranges of motion.



Due to the position we place the body in, it is critical to have a strength curve that is biomechanically correct.

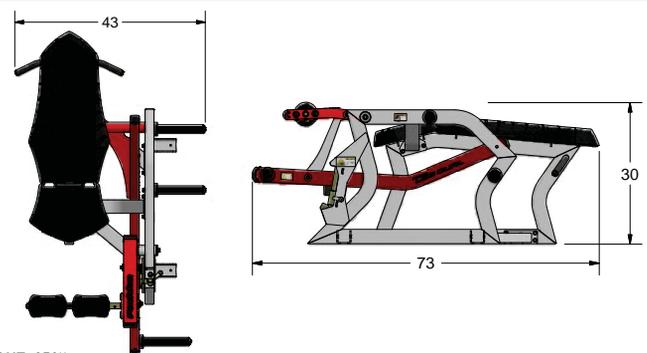
When the tendon on the back of the knee is overstretched or agitated from existing injury the Pendulum Prone Leg Curl gives you the ability to adjust the amount of stretch that is taking place during the leg curl by simply adjusting the S.E.T.

Training on the Pendulum Prone Leg Curl, you will instantly feel the hamstring contract to avoid an overstretched position.

## Specifications



Hamstrings, Bicep Femoris, Semitendinosus, Semimembranosus



WEIGHT: 250lbs.

# Hip Press

**(A) SET EXTENSION TECHNOLOGY (S.E.T.)**

Five position range limiter allows control of range of motion for training or rehab.

**(B) LOCKOUT LIMITER**

Keep athletes from locking their knees out by stopping forward progress. This can also be used as a training tool for rehab to increase the intensity of the exercise.

**(C) ADJUSTABLE SEAT**

Built to fit all athletes with 18 different seat adjustment settings.

**(D) UNIQUE LOCKING HANDLES**

Allows the athlete to begin exercise in a strong semi-contracted position.



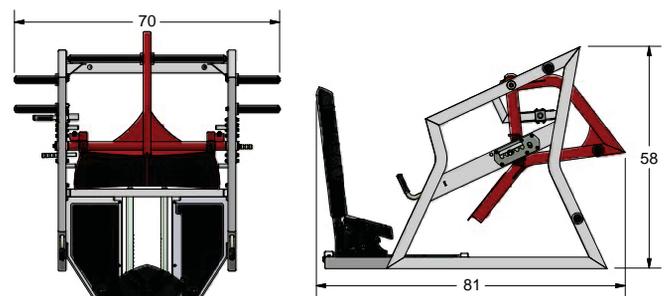
The Pendulum Hip Press was designed to minimize spinal compression, reduce sheering forces on the knees and most critically, offer a safe and productive alternative to free weight squatting. The hip press is a completely unique leg press. With our engineered strength curves and our custom seat design, the hip and glute region are activated beyond that of a traditional leg press.

S.E.T. (Set Extension Technology) - On the side of the hip press is an adjustable stopper which controls the depth of movement. This can be used when training injured athletes who do not have full range of motion, or train athletes with poor flexibility. S.E.T. can also be used for variable range training which can be very intense.

**Specifications**

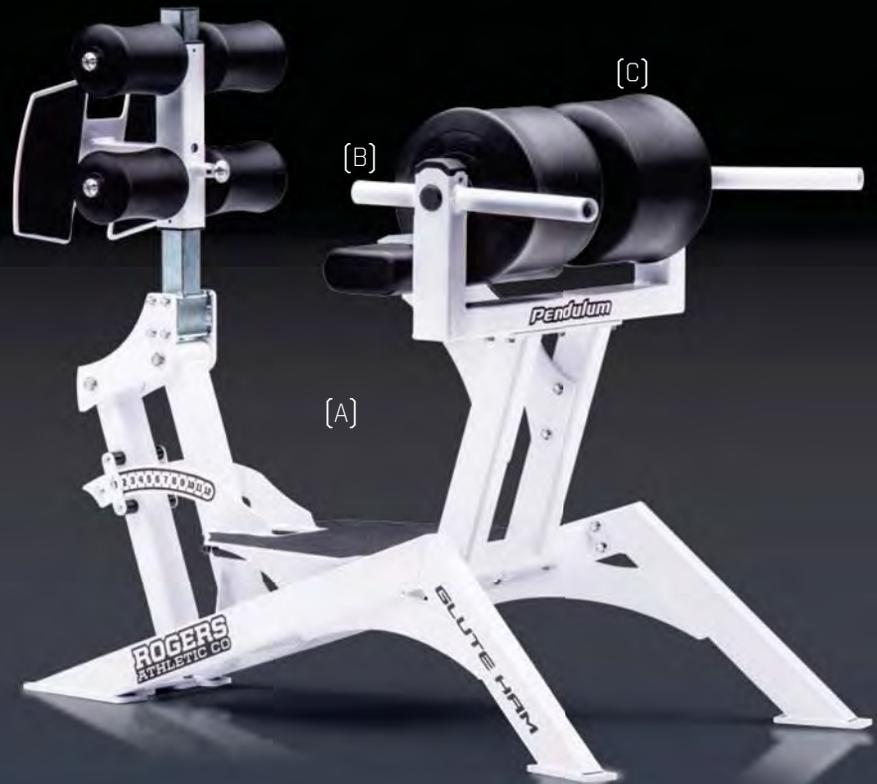


Gluteus Maximus, Gluteus Medius, Quadriceps, Rectus Femoris, Vastus Lateralis, Vastus Medialis, Vastus Intermedius



WEIGHT: 645lbs.

# Glute-Ham



**(A) USER FRIENDLY, STEP THROUGH DESIGN**

**(B) CONVENIENT LEVER CONTROL**

All adjustments can be made from the workout position.

**(C) FIXED AND ROLLER PAD OPTIONS**

Choose the pad option that is best for your program.

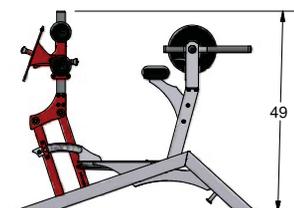
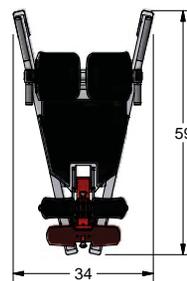
The Pendulum Glute-Ham has an open design, giving the athlete a more accessible training environment. The wide front base gives a stable foundation for reverse hyper and banded exercises.

- All adjustments can be made from the workout position through a convenient lever control.
- Interchangeable fixed half moon, or roller thigh pads can be easily changed.
- User friendly step through design.
- Equipped with band attachments.
- Adjustable roller height. Easily change the resistance of your exercise.

## Specifications



Gastrocnemius, Hamstrings (Biceps Femoris, Semitendinosus), Erector Spinae, Gluteus Maximus, Soleus, Anterior Tibialis.



WEIGHT: 415lbs.

# Reverse Glute-Ham

**(A) SET EXTENSION TECHNOLOGY (S.E.T.)**

Five position range limiter allows control of range of motion for training or rehab.

**(B) USER FRIENDLY, EASY ACCESS DESIGN**

Designed for easy access for athletes of all sizes.

**(C) PLATE STORAGE**

Two plate storage horns available.



Achieving exceptional results in athletics requires specific training for the glutes, hamstrings and hip regions of our musculature.

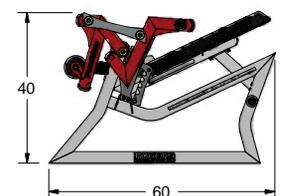
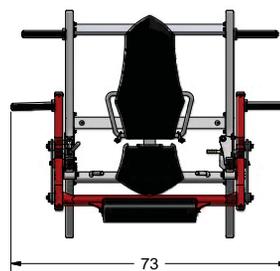
The Pendulum Reverse Glute-Ham gives the athlete the ability to isolate the glutes or hamstring, or train both simultaneously.

Leg training is a critical component for optimal athletic performance. Options can be very limited when foot, ankle, shoulder, or back injuries occur. The Pendulum Reverse Glute-Ham will optimize your athletic health through a variety of training limitations.

## Specifications



Gastrocnemius, Hamstrings (Biceps Femoris, Semitendinosus), Erector Spinae, Gluteus Maximus.



WEIGHT: 360lbs.

# Power Grip Pro

**(A) STAINLESS STEEL HANDLES**

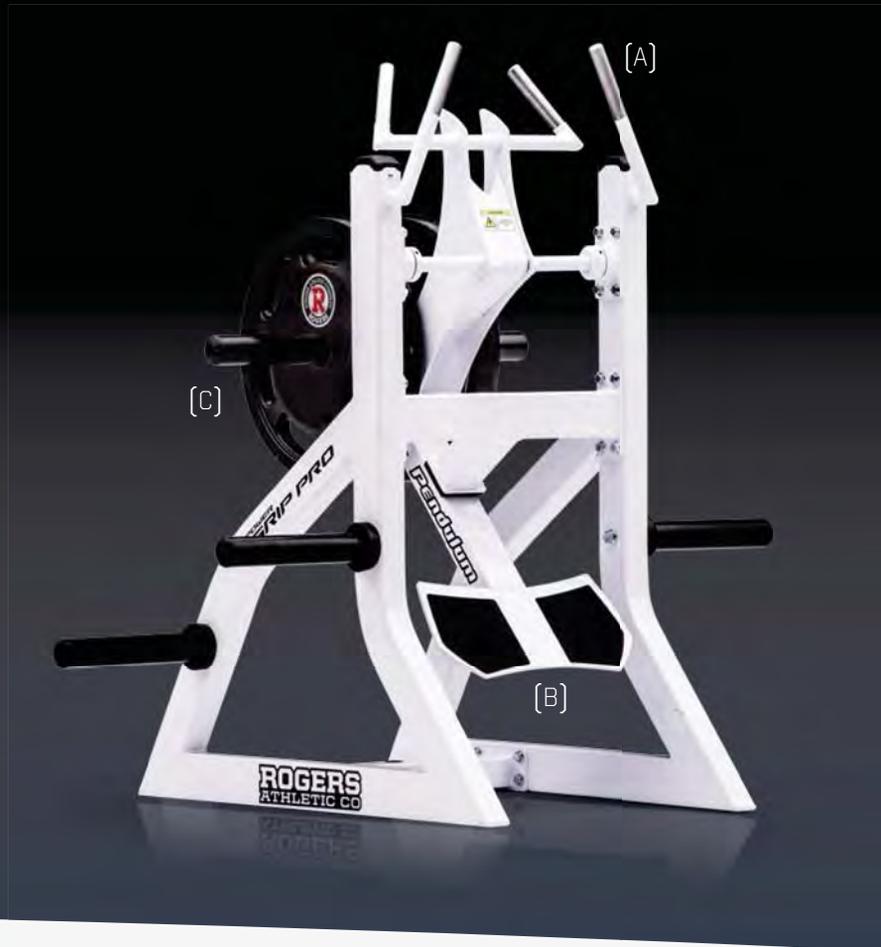
Ergonomically positioned to maximize your grip

**(B) STEEL FOOTPLATE**

Enables static contractions and forced negatives throughout a routine.

**(C) 600 LB WEIGHT CAPACITY**

Challenge even the world's strongest grip.



The limiting factor that affects most athletes is grip strength. Grip strength can be difficult to train. The Pendulum Power Grip Pro adds a new dimension to workouts and brings hand and forearm strength to a new magnitude.

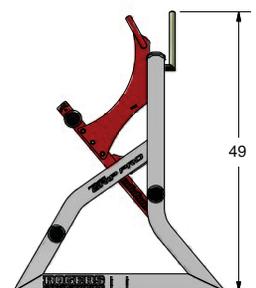
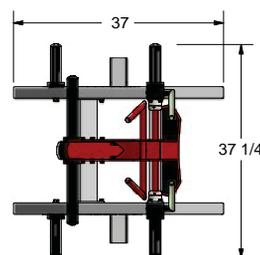
The Power Grip Pro was specifically created to give the hand more closing strength, and more importantly increase the amount of time you can keep the hand closed in a power position.

You can perform static holds, powerful eccentric contractions, force repetitions, train individual digits, as well as do traditional training on the Power Grip Pro.

## Specifications



Ventral and dorsal forearm muscles, Intrinsic muscles of the hand, Extrinsic muscles of the hand



WEIGHT: 200lbs.



# MX-4



The MX-4 was built from the ground up with the accessible user in mind. All stations allow for access and function for an athlete in a wheelchair.

The MX-4 gives total access to users needing training modifications to accommodate their special physiology. All biomechanically precise stations are accessible from a wheelchair. Motorized push-button controls allow you to adjust the training position of the high/low pulley from a seated position. The MX-4 gives you the freedom to train hard, and **“Get Strong!”**

## HIGH/LOW CABLE COLUMN



## CHEST PRESS



## 3-WAY ROW



## SHOULDER PRESS





# Pendulum Power Stack

**FIXED LAT/LOW ROW**  
#410834



**ADJUSTABLE HIGH/LOW**  
#410833



Pendulum Power Stacks, a new add-on for your Pendulum rack system. Now you can convert your basic rack system into a powerful multi-station strength center. Maximize the efficiency of your rack with these powerful space saving tools.

- ★ Compact commercial frames
- ★ Machined aluminum pulleys with precision bearings
- ★ Premium steel plate stacks
- ★ Pivoting pulleys with bearings allow multi-dimensional training
- ★ Easily adjustable high/low pulleys



## **MOUNTING OPTIONS**

The Pendulum Power Stack modules can be utilized in many different ways throughout your weight room.

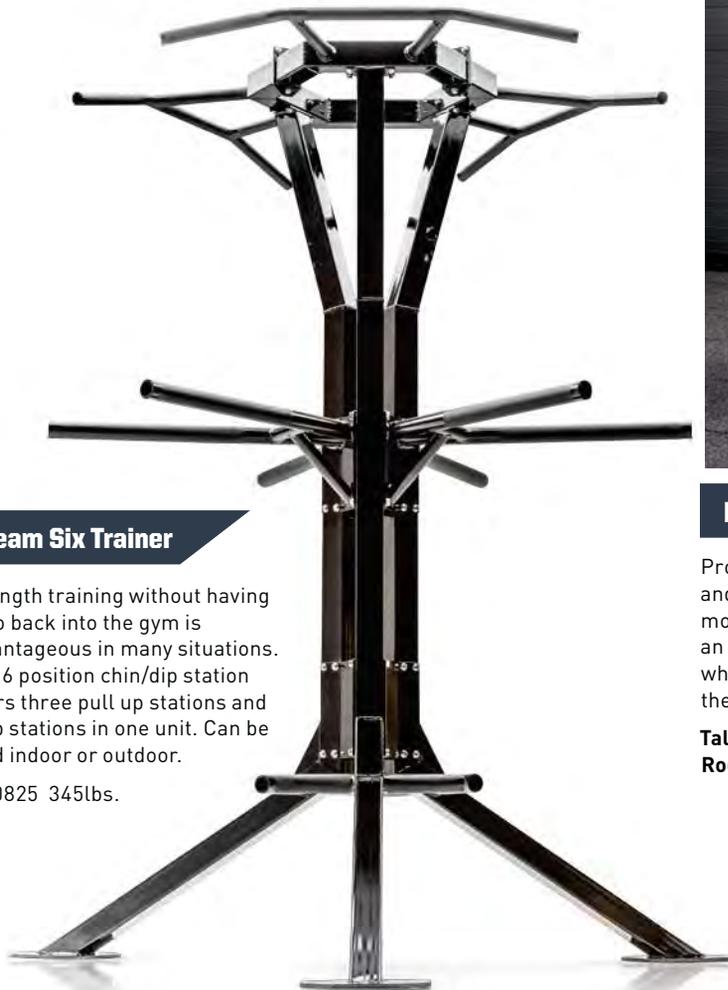
- ★ Rack mounting
- ★ Free standing modular groupings (3 or 4 units)
- ★ Wall mount
- ★ Rack bridge mount



### Wall Mount Dip

Attaches to any masonry wall or column. Strong, stable dip that saves space by folding away when not in use.

#410658 60lbs.



### Team Six Trainer

Strength training without having to go back into the gym is advantageous in many situations. This 6 position chin/dip station offers three pull up stations and 3 dip stations in one unit. Can be used indoor or outdoor.

#410825 345lbs.



### Pit Shark®

Proven results with real squat Movements. De-loads the spine and maximizes full range of motion with no restriction of movement. Promotes squat depth and builds flexibility required in an Athlete. A valuable tool for training healthy or injured Athletes when removing spinal compression is vital. Squats are just one of the many dynamic strength movements trained on the Pit Shark.

**Tall and short Pit Shark machines are manufactured by Rogers Athletic & Pendulum.**

# Grip Cart





The Pendulum Grip Cart was designed to carry all the tools necessary to train the hands and forearms. Each grip apparatus on the cart has an associated rule for lifting it. Having athletes interact with all the devices throughout their careers insures that they will have an opportunity to maximize strength in all the musculature of the fingers, forearms and hands.



**Classifications of grip strength - Power grip/ pinch grip/ precision grip/ hook grip/ ball grip/ abduction and adduction grip.**

- ★ Sledge hammers
- ★ Captains of crush
- ★ Sand bells concrete stones
- ★ Block grips
- ★ Thick bar grips
- ★ Hub grip
- ★ Ball grip
- ★ Weight plate loading pin
- ★ Custom wooden wrist rollers
- ★ Pinch grip block rollers
- ★ Power grip tapered rollers
- ★ Ball grip short
- ★ Power grip round
- ★ Pinch grip short

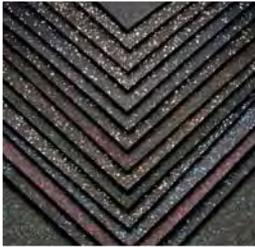


# Flooring

## Weight Room Flooring

Rogers Athletic is a supplier of Regupol flooring products. Flooring options available include tiles, rolled flooring & turf.

Eliminate trip hazards by utilizing logo branded inlay floor platforms. Further customize by selecting from a wide variety of floor color options.



## Permanent & Portable Field Turf

For realistic indoor conditioning and training, outfit your weight room with field turf. Match the composition with your synthetic field turf for a seamless transition to gameday.

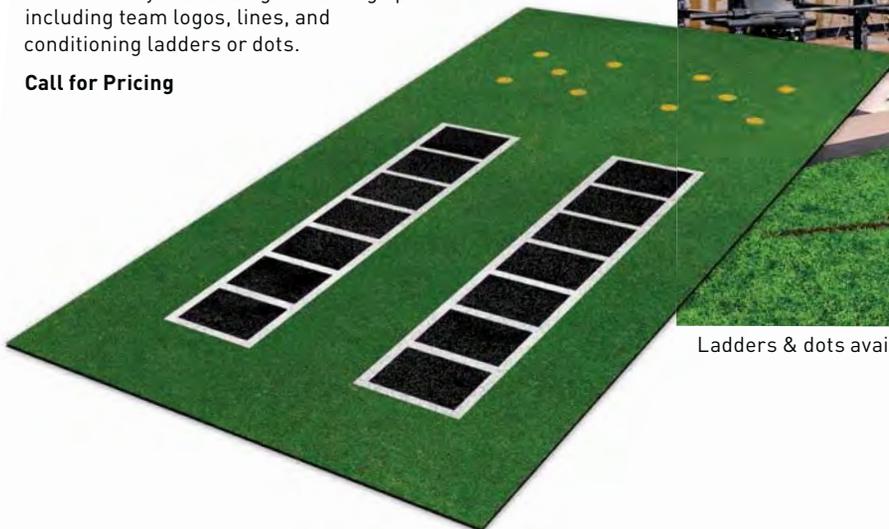
Turf is available as a permanent install, or as a temporary use roll which can be stored away when not in use. Rolls are available in 36'x25' size. Add optional pieces to accommodate your workouts.

With a variety of branding or training options including team logos, lines, and conditioning ladders or dots.

**Call for Pricing**



Ladders & dots available as a custom option



# Colors & Options

## Popular Powder Coat Colors



## Popular Custom Pad Colors



Pendulum machines are available in a variety of colors. The standard configuration is white frame members with black molded pads made with RinoHyde™, a self-skinning urethane foam system that will stand up to years of heavy use.

**Over 200 additional powder-coat colors are available to mix-n-match as you desire to create the perfect environment for your champions.** Pads can be upholstered with Boltaflex™ in a variety of colors for an additional charge. Please contact your a Pendulum sales consultant to discuss the options for your strength training facility.



## Lifetime limited warranty

The following warranty provisions apply to the original purchaser of Pendulum equipment.

- A Lifetime limited warranty on structural frame members used in Pendulum Racks and Machines.
- Five (5) year warranty on bearings, bushings, linear bearings, pulleys and guide rods.
- One (1) year warranty on belts, cables, handles, and grips.
- Ninety-day (90) warranty on seating surfaces and padding, coatings and finishes.

Pendulum's obligations under this warranty will be limited to repairing or replacing at our factory any part or parts thereof within the warranty period. The warranty begins on the delivery date of the product to the original consumer. Once the product is returned to Pendulum, we will perform an inspection to determine if the product is defective in material or workmanship. If Pendulum determines the product is defective in material or workmanship, Pendulum will repair or replace any part or parts at no cost to the consumer. This warranty does not obligate us to bear the cost of transportation or any other charges in connection with replacement, repair, or

THIS WARRANTY IS IN LIEU OF ANY OTHER WARRANTY, EXPRESSED OR IMPLIED, INCLUDING BUT NOT LIMITED TO ANY IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE. IN NO EVENT SHALL ROGERS BE LIABLE FOR INCIDENTAL OR CONSEQUENTIAL DAMAGES OR FOR ANY DELAY IN PERFORMANCE UNDER THIS WARRANTY.

This warranty does not cover damage in transit.

The warranty shall not apply to any Pendulum product which was used, repaired, or altered outside of the factory in any way so as to affect the intent of the design. Also excluded from warranty is any product that has been subject to misuse, negligence, accident, inappropriate environment, or lack of normal maintenance or has been operated in any way other than its intended use. The warranty does not include scratches in paint or other cosmetic damage including surface corrosion arising from normal use. The warranty does not include cosmetic damage caused by unsuitable detergents, cleaners and lubricants.